

**Summary Information**

<b>Module Code</b>	4501HASS
<b>Formal Module Title</b>	Introduction to Health Studies
<b>Owning School</b>	Nursing and Allied Health
<b>Career</b>	Undergraduate
<b>Credits</b>	20
<b>Academic level</b>	FHEQ Level 4
<b>Grading Schema</b>	40

**Module Contacts**

**Module Leader**

Contact Name	Applies to all offerings	Offerings
Julie Connolly	Yes	N/A

**Module Team Member**

Contact Name	Applies to all offerings	Offerings
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**Partner Module Team**

Contact Name	Applies to all offerings	Offerings
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**Teaching Responsibility**

<b>LJMU Schools involved in Delivery</b>
LJMU Partner Taught

## Partner Teaching Institution

Institution Name
Nelson and Colne College Group

## Learning Methods

Learning Method Type	Hours
Lecture	20
Seminar	28

## Module Offering(s)

Offering Code	Location	Start Month	Duration
JAN-PAR	PAR	January	12 Weeks

## Aims and Outcomes

<b>Aims</b>	The module will provide an introduction to health studies and is designed to introduce theory, contemporary topics, and analytical techniques related to the study of health issues. An exploration of current issues and controversies in the promotion of individual and population health and the different constructions of health.
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## Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Outline and discuss a range of theoretical approaches and their application within health studies.
MLO2	Evaluate a variety of perspectives on health issues and their effect on the health of individuals and populations.
MLO3	Identify some of the core health issues and challenges that face contemporary society

## Module Content

### Outline Syllabus

The module considers the key topics in health studies including theories and concepts of health, principles and practice of health promotion, the sociology of health, inequalities of health, epidemiology and environmental health. These core areas will provide a foundation to build upon in levels five and six.

Theories and Concepts of Health  
Defining Health  
Models of Health  
Health Beliefs and Health Behaviour  
Models of Health Behaviour  
Lay perspectives of health  
Principles and practice of Health Promotion  
Theoretical and methodological perspectives  
Approaches to health Promotion  
Implementing and Evaluating Health Promotion  
Healthy Public Policy  
The Sociology of Health  
Theories perspectives and concepts  
Key themes – the relationship between social categories and health  
The experience of health and illness  
Epidemiology  
Theoretical and methodological perspectives  
Identifying and quantifying modern health care needs  
Concepts of health and disease in modern medical epidemiology  
Environmental Health  
Human impact on the environment  
Sustainable development  
Impact of the environment on human health

### Module Overview

#### Additional Information

none

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Presentation	seminar discussion	50	0	MLO1
Essay	assignment	50	0	MLO2, MLO3