

Liverpool John Moores University

Title: INTRODUCTION TO HEALTH STUDIES
Status: Definitive
Code: **4501HASS** (128383)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nelson and Colne College Group

Team	Leader
Julie Connolly	

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	20
Seminar	28

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	ASS1	20 minute seminar	50	
Essay	ASS2	1500 word essay	50	

Aims

The module will provide an introduction to health studies and is designed to introduce theory, contemporary topics, and analytical techniques related to the study of health issues. An exploration of current issues and controversies in the promotion of individual and population health and the different constructions of health.

Learning Outcomes

After completing the module the student should be able to:

- 1 Outline and discuss a range of theoretical approaches and their application within health studies.
- 2 Evaluate a variety of perspectives on health issues and their effect on the health of individuals and populations.
- 3 Identify some of the core health issues and challenges that face contemporary society

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

seminar discussion	1	
assignment	2	3

Outline Syllabus

The module considers the key topics in health studies including theories and concepts of health, principles and practice of health promotion, the sociology of health, inequalities of health, epidemiology and environmental health. These core areas will provide a foundation to build upon in levels five and six.

Theories and Concepts of Health

Defining Health

Models of Health

Health Beliefs and Health Behaviour

Models of Health Behaviour

Lay perspectives of health

Principles and practice of Health Promotion

Theoretical and methodological perspectives

Approaches to health Promotion

Implementing and Evaluating Health Promotion

Healthy Public Policy

The Sociology of Health

Theories perspectives and concepts

Key themes – the relationship between social categories and health

The experience of health and illness

Epidemiology

Theoretical and methodological perspectives

Identifying and quantifying modern health care needs

Concepts of health and disease in modern medical epidemiology

Environmental Health

Human impact on the environment

Sustainable development
Impact of the environment on human health

Learning Activities

Lectures

Students will receive approximately 20 hours of taught material. Theoretical input will be provided via Lectures as well as the possibility of guest lecturers and speakers providing input relevant to professional practice.

Seminars (inc workshops)

Students will receive approximately 28 hours of seminars and workshops. Seminars will be discussion-based and focus on linking theory to practical scenarios.

Workshops will be activity based and support students in group working as well as taking the lead on the delivery of such sessions.

Independent Study

Students are expected to undertake personal research into topic areas that have been stimulated from the lectures and seminars. This reading will enhance their academic work and enable valid contribution to lectures and seminars.

VLE support

This will provide links to academic web-sites and on-line journals, facilitate group discussion outside of the classroom, access to outline lecture notes, and provide students with assessment details.

Notes

none