

Physical Education Practice 3

Module Information

2022.01, Approved

Summary Information

Module Code	4501YAUPE
Formal Module Title	Physical Education Practice 3
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Yunnan Agricultural University

Learning Methods

Learning Method Type	Hours
Practical	40

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

Aims and Outcomes

Aims	The module aims to continue to enhance the students' understanding of the practical aspect of physical education with particular reference to tennis and aerobics, as well as football as the core component. Upon completion of this module, students will continue to further develop knowledge of the how to perform skills and actions. They will not only be able to demonstrate these skills but teach others. This is in line with the physical education curriculum in China and the requirements of the Ministry of Education.
------	---

After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Describe key components of how to perform a range of basic skills related to various sports including football, tennis, and aerobics in line with the requirements of the MoE in China for physical education.
MLO2	2	Physically perform a range of basic skills related to a good level from various sports including football, tennis, and aerobics in line with the requirements of the MoE in China for physical education.

Module Content

Outline Syllabus	Teaching and learning methods will predominantly include practical sessions (indoor and outdoor). The taught component of the module explores a range of sports related skills. practicing sport and physical education. Specific examples of the sports to be explored include:1. Football - Advanced skills including attacking, defending goalkeeping, and set pieces (corner, free kick, penalties) as well as a further knowledge of the rules of the game (including refereeing).2. Tennis- Basic skills such as those required to deliver physical education (in line with the MoE) such as serving (short and long), shots (forehand and backhand) and drop shots. As well as a basic understanding of the rules of the game3. Aerobics - Basic skills such as those required to deliver physical education (in line with the MoE) such as steps, lunges and knees.
Module Overview	
Additional Information	This module is designed to introduce students to a number of skills and sports in physical education. The module will be evaluated by the completion of appropriate assessment tasks. This module will incorporate support strategies in an attempt to ensure student progression. This will include feed forward and feedback on assessment and personal tutorial support.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Practice	Practice - Football	40	0	MLO1, MLO2
Practice	Practice - Tennis	30	0	MLO1, MLO2
Presentation	Practice - Aerobics	30	0	MLO1, MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Matthew Andrew	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
--------------	--------------------------	-----------