

Liverpool John Moores University

Title: PERSONAL & PROFESSIONAL DEVELOPMENT
Status: Definitive
Code: **4502SPRT** (128395)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nelson and Colne College Group

Team	Leader
Julie Connolly	

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	15
Tutorial	33

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	ASS1	Personal development portfolio 3000 words	100	

Aims

The purpose of the module is to enable students to identify, understand, develop and articulate their key personal abilities in the context of their future career aspirations. The development of their academic and professional skill set is essential to securing and/or developing fulfilling careers as expert managers and leaders in increasingly diverse and international workplace organisations. Through the development of their critical, reflective abilities and their confidence and competence, they will evaluate their current strengths and weaknesses and take ownership of their personal and

professional development. Cross-cultural sensitivity and responsible leadership are important conceptual underpinnings in this process.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically discuss and appraise personal & cognitive skills and employment needs within sport
- 2 Understand how to develop, by maintaining a high level of relevant knowledge through a range of mechanisms and regular related professional development
- 3 Work collaboratively with others demonstrating effective interaction, presentation skills and responsible leadership
- 4 Evaluate business philosophies which influence and operate in sports organisations

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

portfolio	1	2	3	4
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Outline Syllabus

- *Employability and competence development:*
- *Personal development & CPD;*
- *Learning theories; experiential learning and reflective practice;*
- *Feedback and Goal Setting*
- *Self-awareness & personal effectiveness*
- *Learning preferences*
- *Professionalism and professional identity*
- *Research skills and evaluating information sources;*
- *Critical thinking and reading; Decision-making and problem-solving;*
- *Presentation and communication skills.*
- *Engaging with Others*
- *Cross Cultural Competency: Philosophy, models of national culture*

Learning Activities

The students will be engaged in a blend of teaching and learning strategies designed to encourage personal development. Theoretical delivery will occur through lectures, teamwork, workshops, practical and student lead discovery-based learning, supported via the VLE.

Students will typically receive 15 hours of theory delivery through lectures, and 33 hours of tutorial workshops where staff assist students to assimilate and apply their knowledge.

There may also be guest lectures providing input relevant to professional practice.

Notes

None