

Summary Information

Module Code	4502SPRT
Formal Module Title	Personal and Professional Development
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Colin Lewis	Yes	N/A

Module Team Member

Contact Name	Applies to all offerings	Offerings
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Partner Module Team

Contact Name	Applies to all offerings	Offerings
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Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Nelson and Colne College Group

Learning Methods

Learning Method Type	Hours
Lecture	15
Tutorial	33

Module Offering(s)

Offering Code	Location	Start Month	Duration
SEP-PAR	PAR	September	12 Weeks

Aims and Outcomes

Aims	The purpose of the module is to enable students to identify, understand, develop and articulate their key personal abilities in the context of their future career aspirations. The development of their academic and professional skill set is essential to securing and/or developing fulfilling careers as expert managers and leaders in increasingly diverse and international workplace organisations. Through the development of their critical, reflective abilities and their confidence and competence, they will evaluate their current strengths and weaknesses and take ownership of their personal and professional development. Cross-cultural sensitivity and responsible leadership are important conceptual underpinnings in this process.
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Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Critically discuss and appraise personal & cognitive skills and employment needs within sport
MLO2	Understand how to develop, by maintaining a high level of relevant knowledge through a range of mechanisms and regular related professional development
MLO3	Work collaboratively with others demonstrating effective interaction, presentation skills and responsible leadership
MLO4	Evaluate business philosophies which influence and operate in sports organisations

Module Content

Outline Syllabus

• Employability and competence development: • Personal development & CPD; • Learning theories; experiential learning and reflective practice; • Feedback and Goal Setting • Self-awareness & personal effectiveness • Learning preferences • Professionalism and professional identity • Research skills and evaluating information sources; • Critical thinking and reading; Decision-making and problem-solving; • Presentation and communication skills. • Engaging with Others • Cross Cultural Competency: Philosophy, models of national culture

Module Overview

Additional Information

None

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Portfolio	portfolio	100	0	MLO3, MLO4, MLO2, MLO1