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Title: Care, Assessment and Planning
 Status: Definitive
 Code: **4503ARCAS** (118133)
 Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
 Teaching School/Faculty: Accrington & Rossendale College

| Team | Leader |
|---------------------|--------|
| Philomene Uwamaliya | Y |

Academic Level: FHEQ4 **Credit Value:** 24.00 **Total Delivered Hours:** 48.00

Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Semester 2

| Component | Contact Hours |
|-----------|---------------|
| Lecture | 42.000 |
| Tutorial | 6.000 |

Grading Basis: 40 %

Assessment Details

| Category | Short Description | Description | Weighting (%) | Exam Duration |
|----------|-------------------|-------------|---------------|---------------|
| Essay | Essay | 1000 words | 50.0 | |
| Report | Report | 1000 words | 50.0 | |

Aims

To equip students with the necessary skills and knowledge to assess need and prioritise risk in relation to alcohol and substance misuse.

2. To enable students to develop appropriate care plans that prioritise those issues identified with the client and set out ways of tackling these that are mutually

acceptable, appropriate and beneficial.

3. To give students an overview of the national recommendations as set out by the National Treatment Agency (2006) in the Models of Care document; highlighting elements of good practice taking into consideration the limitations of the module.

Learning Outcomes

After completing the module the student should be able to:

- LO1 Demonstrate the basic communication skills required to engage with clients regarding alcohol and substance misuse issues and understand the roles and boundaries of the professional in supporting someone seeking help and treatment
- LO2 Carry out a comprehensive alcohol and substance misuse assessment using a recognised tool to identify the potential risks that alcohol and substance misuse may cause; prioritise those that require immediate action
- LO3 Recognise the purposes of a care plan and evaluate its practical application in helping individuals address their alcohol and substance misuse.
- LO4 Identify and report on the professional requirements of information governance and confidentiality regarding client/patient records (monitoring, legislation, confidentiality and clinical/information governance).

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

| | | |
|--------|-----|-----|
| Essay | LO1 | LO3 |
| Report | LO2 | LO4 |

Outline Syllabus

There are a number of identified stages that occur in treating people with alcohol and substance problems; these include screening, assessment, care planning and aftercare. This module will guide participants through the treatment process as a multi-agency approach, referring to key documents and recommendations as set out by the National Treatment Agency. Learners will be required to consider the nature and relevance of each stage of the 'treatment journey' and its relevance in supporting identified needs of the service user. The module will offer the opportunity for the reflection of professional practice and candidates will be encouraged to critically evaluate current relevant research and its implication for choice of method in achieving optimal outcomes for service user.

An overview of NTAs MoC

Dependency and behaviour change

Patterns of dependent behaviour

Models of behaviour change

Facilitating behaviour change

Developing a working relationship with the client in a helping setting

The helping model
Roles and responsibilities
Communicating effectively
Semi structured interviewing techniques
Risk assessment
What is risk? Who is at risk?
Prioritising risk
Psychosocial interventions
Treatment approaches
Levels of intervention
Access
Aftercare and social support
Relapse prevention and the role of peers
Care planning: Use / Health / Offending / Social
Setting realistic goals
Working with the client
Key working
Issues for professional practice
Confidentiality
Documents and record keeping
Ethnics in the therapeutic relationship
Health and Safety
Summing up and applying knowledge

Learning Activities

Classroom based activities including; group discussion, presentations and role play activities. Some practical applications, for example using the assessment and care planning tool will take place in a work place setting.

This module will involve 32 hours of work-based learning.

Notes

The case study will be based on actual work with a client carried out under supervision. The assignment will include the application of a needs assessment and subsequent development of a care plan. Students will then be required to offer comment on their practice demonstrating an ability to consider the needs of the client and their own abilities in meeting these needs. Regular tutorials will provide opportunities for informal formative assessment to support student learning and discuss their overall progress.