

**Module Information**

2022.01, Approved

**Summary Information**

|                     |                                       |
|---------------------|---------------------------------------|
| Module Code         | 4503SPOSCI                            |
| Formal Module Title | Personal and Professional Development |
| Owning School       | Sport and Exercise Sciences           |
| Career              | Undergraduate                         |
| Credits             | 20                                    |
| Academic level      | FHEQ Level 4                          |
| Grading Schema      | 40                                    |

**Teaching Responsibility**

|                                   |
|-----------------------------------|
| LJMU Schools involved in Delivery |
| LJMU Partner Taught               |

**Partner Teaching Institution**

|                      |
|----------------------|
| Institution Name     |
| Portobello Institute |

**Learning Methods**

| Learning Method Type | Hours |
|----------------------|-------|
| Lecture              | 15    |
| Placement            | 25    |

**Module Offering(s)**

| Display Name | Location | Start Month | Duration Number Duration Unit |
|--------------|----------|-------------|-------------------------------|
| SEP-PAR      | PAR      | September   | 12 Weeks                      |

## Aims and Outcomes

|      |   |
|------|---|
| Aims | This module aims to introduce students to the necessary skills, conventions and personal development required for working at level 4. This module is a key foundation for all other modules delivered at level 4. |
|------|---|

**After completing the module the student should be able to:**

### Learning Outcomes

| Code | Number | Description   |
|------|--------|---|
| MLO1 | 1      | Inform their own development through reflection on becoming an effective learner  |
| MLO2 | 2      | Demonstrate appropriate strategies for accessing, reading and evaluating information                                    |
| MLO3 | 3      | Reflect upon personal development and career-planning through undertaking a contextualised physical education placement |

## Module Content

|                        |   |
|------------------------|---|
| Outline Syllabus       | Academic conventions (e.g., searching for information, analysing numbers, analysing words, presenting verbally) Models of reflection Work-based learning -community experience Active learning skills related to WBL Self-awareness Goal setting and personal and professional journey OAA experience to support team building Physical Literacy  |
| Module Overview        |   |
| Additional Information | This module aims to provide an opportunity for the student to apply and develop the theoretical and practical underpinnings already explored in the taught program. Students will apply a variety of approaches to teaching, learning and coaching in the workplace 'placement'. The student will evaluate their core competencies in PE using and implementing reflective practice concepts. Placement will take place off-site at various placement locations. Portobello Institute assist students in sourcing appropriate placement and where possible accommodate geographical location preference Placement may take place outside of typical class times. Students are responsible for making their own travel arrangements to and from placement sites. |

## Assessments

| Assignment Category | Assessment Name     | Weight | Exam/Test Length (hours) | Module Learning Outcome Mapping |
|---------------------|---------------------|--------|--------------------------|---------------------------------|
| Dissertation        | CV and Cover Letter | 10     | 0                        | MLO1, MLO2, MLO3                |
| Dissertation        | Portfolio           | 60     | 0                        | MLO1, MLO2, MLO3                |
| Essay               | Essay               | 30     | 0                        | MLO1, MLO2                      |

## Module Contacts

### Module Leader

| Contact Name   | Applies to all offerings | Offerings |
|----------------|--------------------------|-----------|
| Ceriann Magill | Yes                      | N/A       |

**Partner Module Team**

| Contact Name | Applies to all offerings | Offerings |
|--------------|--------------------------|-----------|
|--------------|--------------------------|-----------|