

Liverpool John Moores University

Title: Personal and Professional Development
Status: Definitive
Code: **4503SPOSCI** (129562)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Portobello Institute

Team	Leader
Ceriann Magill	Y

Academic Level: FHEQ4 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	15
Placement	25

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	AS1	Complete a cover letter and CV for a job that you hope to apply for on completion of your degree programme.	50	
Report	AS2	Exemplify your learning and personal development (Academic, Personal and Professional) related to your work-based learning experience and the practical activities you have undertaken during this module. You should use weekly reflections as supporting evidence of your development.	50	

Aims

This module aims to introduce students to the necessary skills, conventions and personal development required for working at level 4. This module is a key foundation for all other modules delivered at level 4.

Learning Outcomes

After completing the module the student should be able to:

- 1 Inform their own development through reflection on becoming an effective learner
- 2 Demonstrate appropriate strategies for accessing, reading and evaluating information
- 3 Reflect upon personal development and career-planning through undertaking a contextualised physical education placement

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Reflective Portfolio	1	2	3
CV and Cover Letter	1	2	3

Outline Syllabus

Academic conventions (e.g., searching for information, analysing numbers, analysing words, presenting verbally)

Models of reflection

Work-based learning -community experience

Active learning skills related to WBL Self-awareness

Goal setting and personal and professional journey OAA experience to support team building

Physical Literacy

Learning Activities

This module will be delivered through Peer Learning Groups (PLG), work-based learning (in schools or community), practical (OAA experience)

This module combines the development of academic skills and conventions with personal development skills through level 4. It will support learning through this

module and all other modules.

Theoretical and practical concepts and principles will be introduced and developed through a combination of lectures, seminars, and practical learning activities. Opportunities will be available, where appropriate, for individual tutorials.

Students will also be involved in a range of directed tasks which will be completed as independent study.

Students will be required to complete background reading and preparations before lecture and workshop sessions, in order to aid their contribution to discussions and debates from an informed point of view.

Notes

This module is delivered in Semester 1. This module aims to provide an opportunity for the student to apply and develop the theoretical and practical underpinnings already explored in the taught program. Students will apply a variety of approaches to teaching, learning and coaching in the workplace 'placement'. The student will evaluate their core competencies in PE using and implementing reflective practice concepts. Placement will take place off-site at various placement locations. Portobello Institute assist students in sourcing appropriate placement and where possible accommodate geographical location preference Placement may take place outside of typical class times. Students are responsible for making their own travel arrangements to and from placement sites.