

Liverpool John Moores University

Title: Sport, Health, Well-being & Society
Status: Definitive
Code: **4503SSLNEF** (127084)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Everton Football College

Team	Leader
Cath Walker	Y

Academic Level: FHEQ4 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	19
Tutorial	1
Workshop	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	AS1	Report (2500 Words)	50	
Presentation	AS2	Presentation/Case Study	50	

Aims

Sport plays a vital role in society having a profound impact on individuals, communities and the wider society. This module aims to introduce the relationship between sport, health and society and analyse how sport is used to tackle social issues such as health, crime, education and social inclusion. The practical application of this module offers the opportunity to review current strategies and demonstrate first-hand the impact of these on local communities.

Learning Outcomes

After completing the module the student should be able to:

- 1 Explain the relationship that sport and physical activity has on health and society
- 2 Analyse the role of sport and physical activity in addressing social issues
- 3 Investigate sport strategies used to address social issues
- 4 Develop strategies to address social issues

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Report	1	2
Presentation	3	4

Outline Syllabus

Inequalities within Sport, Health & society, Benefits of sport on health, Addressing social issues through sport and physical activity/engagement, Government policy, Current sport strategies

Learning Activities

This module will be delivered through a combination of lectures and group seminars. It will be supplemented by a range of on-going exercises in independent study time and through practical application of sport strategies to include visits, guest speakers and work related learning activities within the local community.

Notes

Students are expected to apply the theoretical knowledge they gain to current strategies for sport, physical activity and health promotion. This will enable them to gain valuable experience into how sport affects society and enable them to gain valuable employability skills required to work within the sector. Students will be assessed through written report and a case study.