Liverpool John Moores University

Title:	Personal and Professional Development
Status:	Definitive
Code:	**4503SSLNGB**　(123109)
Version Start Date:	01-08-2021

Owning School/Faculty:	Sport and Exercise Sciences
Teaching School/Faculty:	Greenbank College

Team	Leader
Cath Walker	Y
Mark Palmer	
Victoria Boyd	
Milly Blundell	

Academic Level:	FHEQ4	**Credit Value:**	20	**Total Delivered Hours:**	40
Total Learning Hours:	200	**Private Study:**	160		

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	19
Seminar	20
Tutorial	1

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS 1	Portfolio (4500 word equiv.)	100	

Aims

This module introduces students to the necessary study skills required for effective learning for their degree programme. In addition the module will introduce basic research methods.
The module will also support the development of goal setting and action planning.

Learning Outcomes

After completing the module the student should be able to:

1 Evidence their ability to undertake and apply appropriate academic skills and techniques.
2 Identify record, develop and reflect upon their skills, goals and achievements in a structured way.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio (4000 word   1   2
equiv.)

Outline Syllabus

Basic study skills for higher education, including reading, referencing, note taking, assignment planning, time management and searching for information.
Library skills (e.g. searching databases) Presenting information
Life-long learning
Introduction to the nature of research
Personal development and Planning

Learning Activities

This module is taught in two ways: lectures and peer learning groups (PLGs). The module handbook gives the module timetable for the year. The degree programme requires students to develop a range of practical skills. This module will help students to identify and develop their academic skill base and to start the process of future career planning. Lectures will provide underpinning theory, and PLGs will be used to allow for further discussion of the concepts covered.

Notes

This is a skill development module that aims to develop students' employability skills in a number of the areas identified by the Higher Education Authority as being important to graduate recruitment. For example, problem solving, research skills, communication, improving own learning and performance, information technology, personal development and career planning and subject-skills specific. The portfolio will comprise the submission and evidence of completion of a number of study and research skills task, undertaken progressively and given formative feedback to be submitted at end of the module.