

Liverpool John Moores University

Title: Coaching Pedagogy
Status: Definitive
Code: **4504SPRT** (128433)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Nelson and Colne College Group

Team	Leader
Ian Sadler	

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	15
Seminar	15
Workshop	18

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	Practical	Practical Coaching Skills (1h)	60	
Exam	Exam	Oral Exam (30-min)	40	

Aims

This module examines the theoretical and practical aspects of coaching pedagogy in order to examine contemporary coaching developments with a focus on the learning environments a coach can create. An understanding of the dynamics of coaching practice will be developed by challenging the ontological and epistemological assumptions in contemporary coaching. Focus is given to pedagogic models that encompass ecological dynamics, dynamical systems and non-linear pedagogy more

broadly, as well as critical discussions of the knowledge required to coach in a dynamic, evolving and innovative vocation. Students completing this module will understand the role of the professional coach in the development of learners at all levels of participation. They will be able to appreciate both the theoretical and practical issues underpinning coach education and coach development, focusing on the knowledge required to operate effectively in professional sport coaching. Students will be able to discuss contemporary ideas relevant to the professional coach.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate current understanding of coaching behaviour in practice.
- 2 Examine the theoretical and practical implication of contemporary coaching pedagogy, describing current models and systems for and of coach education and development
- 3 Explain the technical requirements of skill development appropriate to a coached activity, with the inclusion of coach specific models.
- 4 Demonstrate an ability to supervise a coaching team to provide safe, engaging sessions aligned to the objectives of the organisation and/or programme.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Coaching Practical	1	4
Oral Exam	2	3

Outline Syllabus

Topics covered in this module will include:

- *Ecological Dynamics and Constraints;*
- *Based Approaches to Coaching; Linear and Non-Linear Pedagogy/Andragogy/Heutagogy;*
- *Coaching Design and Practice; Athlete/Participant Models of Learning;*
- *Coaching Knowledge (Inter, Intra, Professional);*
- *Coach Education and Theoretical Approaches to Learning; Coach Education Models; Coach Education (Formal, Nonformal, Informal);*
- *Approaches to Coach Education (Mediated, Unmediated); Systems for delivering Coach Education.*

Learning Activities

The students will be engaged in a blend of teaching and learning strategies. Theoretical delivery will occur through lectures, teamwork, workshops, practical and

student lead discovery-based learning, supported via the VLE. The students will typically receive 15 hours of delivery both, practical and theory based through lectures, including guest lectures from the sports industry. Furthermore, the students will receive 15 hours of group discussion workshops linking the theory of coaching pedagogy to coaching practice. Finally, throughout the academic year, the students will receive 18 hours of workshops where staff will blend the formulation of theoretical and practical coaching to assist and support students to apply their knowledge.

Notes

None.