

# Psychology 1

## Module Information

2022.01, Approved

### Summary Information

Module Code	4505SPOSCI
Formal Module Title	Psychology 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

### Partner Teaching Institution

Institution Name
Portobello Institute

### Learning Methods

Learning Method Type	Hours
Lecture	20
Tutorial	10
Workshop	10

### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

## Aims and Outcomes

Aims	This module introduces students to the applied field of sports psychology and its application to physical education. Students will learn psychological principles and theories that they can use to explain behaviour within their domain of physical education.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Illustrate the key principles of psychology and the relationship with Physical Education
MLO2	2	Demonstrate how key theories of motivation link to student engagement in Physical Education.
MLO3	3	Demonstrate knowledge of methods used to evaluate and assess psychological characteristics in a physical education setting.

## Module Content

Outline Syllabus	Introduction to psychology and how it applies to physical education Current psychological issues in real world physical education An introduction to theories of motivation An introduction to mental skills An introduction to communication Introduction to team dynamics Introduction to leadership
Module Overview	
Additional Information	This module is delivered in semester 1. This module introduces students to the applied field of sports psychology and its application to physical education. Students will learn psychological principles and theories that they can use to explain behaviour within their domain of physical education. Students will be guided through the fundamentals of psychology, learning and behaviour change concepts relevant to physical education through scheduled lectures and seminars. Students will have the opportunity to gain feedback on their assessment preparation and further develop their knowledge through individual tutor support meetings schedules throughout the semester and via small group peer discussions during lecture and seminars.

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Group Presentation	100	0	MLO1, MLO2, MLO3

## Module Contacts

### Module Leader

Contact Name	Applies to all offerings	Offerings
Ceriann Magill	Yes	N/A

### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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