

Coaching and Skill Acquisition 1

Module Information

2022.01, Approved

Summary Information

Module Code	4505SPSEFC
Formal Module Title	Coaching and Skill Acquisition 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Everton Football College

Learning Methods

Learning Method Type	Hours
Lecture	10
Practical	20
Seminar	10
Tutorial	1

Module Offering(s)

Display Name	Location	Start Month	Duration Number	Duration Unit
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SEP-PAR	PAR	September	12 Weeks
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Aims and Outcomes

Aims	This module will introduce students to key concepts related to skill acquisition. It will also illustrate how these concepts can be applied in a range of physical education environments.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Describe key concepts of skill acquisition.
MLO2	2	Apply skill acquisition concepts in a practical sport coaching setting.

Module Content

Outline Syllabus	Feedback Contextual interference Classification of skills Measuring skills Motor control theories Stages of learning Instruction Perceptual cognitive skills
Module Overview	
Additional Information	This module will introduce students to key concepts related to skill acquisition. It will also illustrate how these concepts can be applied in a range of sport Coaching environments.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	1500 word essay	30	0	MLO1
Practice	Practical coaching activity	70	0	MLO1, MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Cath Walker	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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