

Liverpool John Moores University

Title: Coaching Pedagogy in Sport
Status: Definitive
Code: **4506SSLNBF** (124730)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Blackpool & Fylde College

Team	Leader
Victoria Boyd	Y

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	12
Practical	18
Seminar	9
Workshop	9

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	Perform	Presentation (Performance) 15 minutes	50	
Reflection	Journal	Reflection (Journal) 2000 words	40	
Self Awareness Statement	Statement	Self Awareness Statement 1000 words	10	

Aims

This module will provide experiential and reflective student learning opportunities within professional practice environments. Students will take part in a range of

different coaching activities and consider the roles and skills of the effective coach. They will recognise pedagogy in sport and demonstrate awareness of how the psychological, physiological and sociological factors influence performance.

Learning Outcomes

After completing the module the student should be able to:

- 1 Apply theoretical learning to diverse sports environments.
- 2 Plan and deliver coaching sessions which incorporate appropriate techniques to safely meet the needs of different athletes.
- 3 Examine skill acquisition practice in a coaching environment.
- 4 Identify and reflect upon the following aspects of personal development: strengths and weaknesses, motivations and values, ability to work with others

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Presentation	1	2	3	4
Reflection	1	2	3	4
Statement	1	2	3	4

Outline Syllabus

Coaching Effectiveness and Professional Development

Coaching Pedagogy

Coaching reflection

Theories of Learning e.g. behaviourist, cognitivist, constructivist, social theories.

Reflection for Coaches

Coaching Ethics

Coaching Methods Planning and Delivery in Professional Practice

Coaching Feedback in Professional Practice

Learning Activities

Study skills techniques

Group discussion as an aid to learning

Presenting information in practical environments

Study visits to professional environments

Planning using individual and group discussions as an aid to learning

Practical Coaching of peers and children in different environments

Self-reflection

Notes

This module will provide individuals the opportunity to reflect on coaching by considering effectiveness of chosen practice. It will also enable individuals to explore how Coaching pedagogy can influence success and development of individuals.