

## Liverpool John Moores University

Title: Coaching Pedagogy  
Status: Definitive  
Code: **4506SSLNGB** (123114)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences  
Teaching School/Faculty: Greenbank College

Team	Leader
Cath Walker	Y
Mark Palmer	
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**Academic Level:** FHEQ4      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	19
Seminar	20
Tutorial	1

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	AS 1	Reflective report (2000 words)	30	
Practice	AS 2	2 x 15 min practical coaching session	70	

### Aims

*To develop the students understanding of effective pedagogical skills and its application in a practical context. The module will provide opportunities to observe*

*and engage with a variety of outside agencies providing sporting and coaching provision and develop current coaching practice.*

*The module will involve the students in observation, analysis and critique of coaches in light of current coaching literature. This module will also provide opportunities to develop personal and professional development, with the aim of becoming autonomous, reflective practitioners.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Apply learning theory to varied sport environments.
- 2 Apply safe practice conventions to practical activities.
- 3 Examine pedagogical practice in a coaching environment.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Reflective report (2000 words)	1	2	3
2 x 15 min coaching session	1	2	3

## **Outline Syllabus**

*Personal development planning*

*Study skills*

*ICT skill development*

*Athlete centred sports coaching, empowering, holistic sports coaching*

*Becoming a relative coach*

*Coaching methods*

*Educational theory*

*Pedagogical theory and application in sports coaching*

*Relationship between coaching and teaching*

*The difference/characteristics between coaching methods*

## **Learning Activities**

The module will be delivered through lecture based workshops, practical sessions, online tasks, individual/group tasks and tutor support sessions.

## **Notes**

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provision and develop current coaching practice.

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