

Liverpool John Moores University

Title: Health Practitioner Skills
Status: Definitive
Code: **4509SSLNBF** (124759)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Blackpool & Fylde College

Team	Leader
Sally Starkey	Y

Academic Level: FHEQ4 **Credit Value:** 20 **Total Delivered Hours:** 48
Total Learning Hours: 200 **Private Study:** 152

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	12
Practical	24
Seminar	3
Workshop	9

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	Port	CPD Portfolio (4500 words eqv.)	90	
Self Awareness Statement	Statement	Self Awareness Statement (1000 words)	10	

Aims

This module is designed to enable eligible practitioners to develop the necessary knowledge, skills and attributes to undertake safe, effective and cost effective prescribing practice in partnership with patient/client, carers and members of the

multi-disciplinary prescribing team. Students will develop a critical understanding of the underpinning decision making that guides safe prescribing practice. The legal, professional and ethical issues involved in prescribing practice will be analysed to ensure the practitioners work within a clear framework that ensure professional accountability in practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Integrate theory and practice in a practical laboratory setting to equip them to perform a wide range of health related tests.
- 2 Promote effective skills of data collection, analysis and evaluation in order to support informed judgements and recommendations in health prescription.
- 3 Develop understanding of national standards, GP referral schemes, testing procedures and ACSM standpoints.
- 4 Develop an awareness of the following aspects of personal development: strengths and weaknesses, motivations and values, ability to work with others.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

CPD Portfolio 4500 words	1	2	3	4
Statement 1000 words	1	2	3	4

Outline Syllabus

Review of consultation, history taking, decision making and therapy decision processes, including referral pathways.

Influences on the psychology of prescribing.

Prescribing within a team context, which includes the patient/client.

Evidence-based practice.

Legal, policy and ethical aspects of prescribing practice.

Professional accountability and responsibility.

Prescribing within the public health context.

Learning Activities

Study skills techniques.

lecture based workshops and seminars.

Practical workshops involving prescription of physical activity.

Peer and Self-reflection.

VLE Forums online.

Health analysis.

Evaluating case studies.

Notes

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The portfolio will consist of several components which will discuss a client's health needs and demonstrate a theoretical understanding of the prescription process. The portfolio will also highlight how client data is analysed followed by any appropriate recommendations regarding health prescription. The portfolio will conclude with a reflective analysis of student's personal development regarding their involvement in the health prescription process