

## Liverpool John Moores University

Title: Movement for Actors 1  
Status: Definitive  
Code: **4510ACT** (119952)  
Version Start Date: 01-08-2014

Owning School/Faculty: Liverpool Screen School  
Teaching School/Faculty: Liverpool Institute for Performing Arts

Team	Leader
Mike McCormack	Y

**Academic Level:** FHEQ4      **Credit Value:** 12.00      **Total Delivered Hours:** 91.00  
**Total Learning Hours:** 120      **Private Study:** 29

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Practical	90.000
Tutorial	1.000

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	Continuous		50.0	
Presentation	Present		50.0	

### Aims

*The module aims to provide you with a fundamental working knowledge of anatomy and physiology. It aims to increase your balance, strength, flexibility and co-ordination whilst eliminating habitual tension and working towards an "actor's neutral." The module also aims to give you the tools and the infrastructure to approach and respond physically to dramatic and creative stimuli.*

## Learning Outcomes

After completing the module the student should be able to:

- LO1 Analyse and explore fundamental components of movement and space using key practitioners' frameworks
- LO2 Identify and perform a variety of exercises addressing the structural and physiological demands of the body as an expressive instrument
- LO3 Synthesise practical voice and movement skills in responding to creative/dramatic stimuli

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Continuous Assessment	LO1
Studio Presentation	LO2 LO3

## Outline Syllabus

*As well as your own body, you will, through key practitioners and theories, explore and analyse dramatic space and fundamental components of movement such as weight, tension, effort and rhythm. You will learn to analyse and create abstract and everyday movement. Through the module, you will also develop skills in codes of practice in movement work and rehearsal.*

*Warm up activities will be introduced including the development of focus, concentration, flexibility, fitness, strength, stamina use of isolations and co-ordination. A series of workshops will then follow for individual analyses to be undertaken through group work. Classes will focus on the understanding of the individual body in relation to the world around it and to group dynamic, including observation and re-creation, effort, and the idea of release and trust. Brain/body co-ordination, spatial awareness and motor-skills/dynamics through space are the continuing focus through various practices, including body-mind centring. The students will also work towards finding a sustainable physical neutral.*

*As the module develops the students will begin to address the body in relation to the audience gaze, including levels of address, circles of physical focus as well as impulse and response in relation to both abstract and everyday movement, alongside a physical exploration of status. The module will also explore the connections between imagination and the physical inhabiting of the world of the play and the character. All of this will aim to allow the student to use his physical and psycho-motor awareness in relation to building character.*

*You are expected to demonstrate an awareness and commitment to professional codes of practice.*

## Learning Activities

- Practical workshops
- Independent research
- Tutorials

## **Notes**

Please Note: There may be more than one Learning Outcome per Assessment Task as this is the nature and structure of the learning/teaching/assessment activity. For a strategic rationale, please see the assessment section in the programme documentation.