

Liverpool John Moores University

Title: Concepts and Models of Addiction
Status: Definitive
Code: **4513ARCAS** (124474)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Accrington & Rossendale College

Team	Leader
Philomene Uwamaliya	Y

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 48
Total Learning Hours: 200
Private Study: 152

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	39
Practical	6
Tutorial	3

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	AS1	Practical task 10mins	25	
Essay	AS2	Essay 2000words	75	

Aims

To establish a sound understanding of the key concepts, models and theories used to understand alcohol and substance misuse; being aware of how these have developed throughout the course of history.

To explore the bio-psycho-social elements of drug dependency; taking into consideration those factors that influence initial use, the development of dependent

behaviour patterns, attempts at recovery or mitigation of harm and relapse; enabling the evaluation of their use in delivering alcohol and substance interventions.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify and be able to describe key concepts and specific terminology commonly used in alcohol and substance addiction theory.
- 2 Demonstrate and describe the effects of substances and examine the differences between psychological and physical addiction.
- 3 Discuss the key factors that affect the course of person's drug dependency using the bio-psychosocial model as a foundation to explore fundamental psychological frameworks.
- 4 Describe how addiction theory has developed within the context of wider societal determinants and how these have impacted upon treatment, recovery and methods of prevention.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practical task 10mins	2		
Essay 2000words	1	3	4

Outline Syllabus

The module will offer candidates an opportunity to gain a thorough grounding in the key concepts and theories used to understand alcohol and substance misuse. This grounding will provide a foundation to the subsequent modules that focus on responses to alcohol and substance misuse; supporting the development of knowledge of past, present and potential future theoretical frameworks used to underpin policy and practice. The module will address how professional understanding of addiction theory has developed within the context of wider societal determinants such as substance misuse patterns and values, morals and attitudes towards alcohol and substance misuse. Finally modern perspectives of addiction theory will be explored. These will have a foundation in the bio-psychosocial model and draw strongly upon cognitive psychological models that have recently been presented to explain addictive behaviours and support the delivery of successful harm reduction, treatment and recovery interventions.

Introduction to the module and assessment

Defining drugs and drug use and misuse

Drug use and misuse through history

Drugs and their effects.

Categorising drugs, e.g stimulants / depressants / hallucinogen

Group work presentations of a drug from each category

Opportunity to get grounding in the ways that drugs work

Patterns of use and misuse
Understanding dependency
Reasons why people use and misuse
Responding to drug use and misuse – historical over view of drug and alcohol treatment
Bio-psychosocial model
Cognitive behaviour approaches
Motivation, choice and health related behaviours
Current perspectives on addiction
Using and assessing information sources in the addiction field
Reliability and validity of alcohol and substance misuse use related information and literature
Discussion around assignment choice
Reflection on the module

Learning Activities

Classroom based learning will take the form of lectures, videos, group activities and discussion; small group presentations.

Supporting materials, tutorials and group discussions will be available electronically via the college VLE.

Notes

In this module students will gain an overview of various substances including their pharmacological make up. Key theories and models underpinning our perception of misuse and addiction behaviour will be explored. In addition, the module aims to evaluate the success and outcomes of interventions in practice. Regular tutorials will provide opportunities for informal formative assessment to support student learning and discuss their overall progress.