

## Mental Health and Illness

### Module Information

2022.01, Approved

#### Summary Information

Module Code	4513ARCMH
Formal Module Title	Mental Health and Illness
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

#### Partner Teaching Institution

Institution Name
Nelson and Colne College Group

#### Learning Methods

Learning Method Type	Hours
Lecture	45
Tutorial	3

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

## Aims and Outcomes

Aims	To explore the links between the various theoretical perspectives which underpin practice.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Examine the development of the understanding of mental health and illness.
MLO2	2	Evaluate the interventions and treatments which attempt to address mental ill health.
MLO3	3	Explore the contributions to understanding from theoretical perspectives such as the biological, psychosocial and social models and the Recovery Model.

## Module Content

Outline Syllabus	Historical overview of mental illness Definitions of health, and mental health and illness DSM and ICD classifications Differing perspectives on mental illness Biological, psychological and social theories of mental illness Concepts of mental health and illness The 'Anti-Psychiatry' movement, as an alternative theoretical construct Understanding anxiety and depression Panic attacks, Obsessive Compulsive Disorder (OCD); phobias; anxiety/depression; unipolar depression and Post Traumatic Stress Disorder (PTSD) The role of anxiety and depression in eating disorders Understanding psychosis - Schizophrenia and Bipolar Disorder Personality disorders Approaches to treatment and management of serious mental illness Cultural aspects of mental health care The impact of serious mental illness on the individual and their family Social inclusion Evaluation of theoretical perspectives and treatments
Module Overview	
Additional Information	This module begins by raising the question whether it is possible to define abnormal and normal behaviour? Thus, it examines the various models and methods, which are applied in this controversial area. In addition, it aims to raise a critical awareness of the various explanations for why people suffer mental ill health and how society and the treatment system respond to this particular group. Regular tutorials will provide opportunities for informal formative assessment to support student learning and discuss their overall progress. For the presentation, students will identify interventions and treatments to address mental ill health.

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Presentation 10 mins	25	0	MLO1, MLO3
Essay	Essay 2250 words	75	0	MLO2

## Module Contacts

### Module Leader

Contact Name	Applies to all offerings	Offerings
Philomene Uwamaliya	Yes	N/A

### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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