

Professional Studies 1

Module Information

2022.01, Approved

Summary Information

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| Module Code | 4517IABMT |
| Formal Module Title | Professional Studies 1 |
| Owning School | Liverpool Screen School |
| Career | Undergraduate |
| Credits | 20 |
| Academic level | FHEQ Level 4 |
| Grading Schema | 40 |

Teaching Responsibility

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| LJMU Schools involved in Delivery |
| LJMU Partner Taught |

Partner Teaching Institution

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| Institution Name |
| Institute of the Arts Barcelona |

Learning Methods

| Learning Method Type | Hours |
|----------------------|-------|
| Lecture | 78 |
| Practical | 40 |

Module Offering(s)

| Display Name | Location | Start Month | Duration Number Duration Unit |
|--------------|----------|-------------|-------------------------------|
| SEP-PAR | PAR | September | 28 Weeks |

Aims and Outcomes

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| Aims | The aims of this module are to:1. Provide the students with a structure and guidance that supports and sustains positive mental, physical, and vocal health. 2. Provide the student with the knowledge of the physiological and anatomical mechanics of the voice and body to sustain efficient practice.3. Explore industry guidelines and terminology and key personnel in preparation for further study and industry. |
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After completing the module the student should be able to:

Learning Outcomes

| Code | Number | Description |
|------|--------|---|
| MLO1 | 1 | Recognise guidelines for safe and consensual interactions in performance. |
| MLO2 | 2 | Understand basic principles of anatomy and physiology specific to the voice and efficient vocal practice. |
| MLO3 | 3 | Recognise the principles of injury prevention through knowledge of anatomy and physiology. |
| MLO4 | 4 | Understand and develop strategies to support and sustain positive practices in mental health. |

Module Content

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| Outline Syllabus | This module will be delivered through focused blocks of learning specific to each subject area including: Vocal Anatomy, Physiology and Health; The Healthy Performer; Nutrition; Mental Health and Wellbeing; and Introduction to Industry. Vocal Anatomy, Physiology and Health, aims to develop an understanding of vocal anatomy and the necessary underpinning for efficient vocal use. It includes relevant learning and teaching relating to anatomy and physiology, neuroanatomy, and neurophysiology. It provides the student with core knowledge essential for maintaining vocal health throughout their studies and professional career. The aim of the Healthy Performer component is to introduce students to elements of health in performance. Healthy Performer will equip students with the scientific knowledge that will develop their understanding of their own vocal, dance and movement practice. Students will familiarise themselves with the anatomical and physiological structures of how the body works. This component will be run alongside Body Conditioning and Strength training. The Nutrition component will provide an insight into the role of nutrition in optimal mental and physical performance, nutritional requirements in different exercise types and the role of nutrition for enhanced and sustained performance. Mental Health and Wellbeing will provide students with tools that will assist in managing performance anxiety, stress and encouraging positive mental health. This component is not about becoming an expert in mental health nor is it a platform for therapy; its role is to assist students in noticing poor mental health indicators and finding the right support, re-sources, and strategies to support and sustain positive practices. Introduction to Industry is an initial study of the performing arts profession and the individuals' role within it. Guidelines for safe and consensual interactions in performance will be explored as well as key terminology and acknowledgement of key individuals within the industry. |
| Module Overview | |
| Additional Information | This module equips students with physical and mental awareness and strategies to assist in sustainable industry practices. |

Assessments

| Assignment Category | Assessment Name | Weight | Exam/Test Length (hours) | Module Learning Outcome Mapping |
|---------------------|-----------------|--------|--------------------------|---------------------------------|
| Exam | AS1 | 30 | 2 | MLO2, MLO3, MLO4 |
| Reflection | AS2 | 70 | 0 | MLO1, MLO2, MLO3, MLO4 |

Module Contacts

Module Leader

| Contact Name | Applies to all offerings | Offerings |
|--------------|--------------------------|-----------|
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Partner Module Team

| Contact Name | Applies to all offerings | Offerings |
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