

Liverpool John Moores University

Title: The Actor's Technique: Movement
Status: Definitive
Code: **4519ACT** (123993)
Version Start Date: 01-08-2021

Owning School/Faculty: Liverpool Screen School
Teaching School/Faculty: Liverpool Institute for Performing Arts

Team	Leader
Teri Howson-Griffiths	

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 120
Total Learning Hours: 200
Private Study: 80

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Practical	80
Workshop	40

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Test	Assessment	Engagement with Technical Principles	50	
Presentation	Pres/Viva	The Technical Principles of Movement	50	

Aims

In this module you will develop a fundamental working knowledge of anatomy and physiology. Engagement with the technical principles of movement will increase your balance, strength, flexibility and co-ordination whilst eliminating habitual tension and working towards notions of neutrality and centering. The module also aims to contribute to a greater understanding of psycho-physical initiatives in Acting I, Acting II and Voice in order to give you the tools and infrastructure to approach and respond

to dramatic and creative stimuli.

Learning Outcomes

After completing the module the student should be able to:

- 1 Distinguish and articulate technical skills in response to creative/dramatic stimuli, utilising practitioner vocabularies
- 2 Identify fundamental components of movement and space, and analyse key practitioner frameworks
- 3 Demonstrate psycho-physical expression and address the physiological demands of the body
- 4 Recognise collaborative working group methods and identify personal risk

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Skills Assessment	1	3
Movement Presentation & Viva	2	4

Outline Syllabus

You will explore key practitioners, theories, analyse space and the fundamental components of movement; weight, tension, effort and rhythm. You will learn to explore and create abstract and 'everyday' movement. You will become articulate in the terminology of practitioner and movement vocabularies, understand

Warm up activities will be introduced including the development of focus, concentration, flexibility, fitness, strength, stamina use of isolations and coordination.

A series of workshops will then follow for individual analyses to be undertaken through group work. Classes will focus on the understanding of the individual body in relation to the world around it and to group dynamic, including observation and re-creation, effort, and the idea of release and trust. Psycho-physical (mind/body) coordination, spatial awareness and motor-skills/dynamics through space are the continuing focus through various practices, including body-mind centering. You will also work towards finding a sustainable physical neutral.

As the module develops you will begin to address the body in relation to the audience-gaze, including levels of address, circles of physical focus as well as impulse and response in relation to both abstract and everyday movement, alongside a physical exploration of status. The module will also explore the connections between imagination and the physical inhabiting of the world of the play and the character. This aims to allow the student to utilize psycho-physical awareness in relation to building character and worlds.

Learning Activities

- Practical classes
- Workshops
- Independent research study

Notes

Onur Orkut is the module leader (o.orkut@lipa.ac.uk)