

# The Actor's Technique: Movement

# **Module Information**

**2022.01, Approved** 

# **Summary Information**

Module Code	4519ACT
Formal Module Title	The Actor's Technique: Movement
Owning School	Liverpool Screen School
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

#### **Teaching Responsibility**

LJMU Schools involved in Delivery	
LJMU Partner Taught	

#### **Partner Teaching Institution**

Institution Name	
Liverpool Institute for Performing Arts	

# **Learning Methods**

Learning Method Type	Hours
Practical	80
Workshop	40

# Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	28 Weeks

## **Aims and Outcomes**

Aims	In this module you will develop a fundamental working knowledge of anatomy and physiology. Engagement with the technical principles of movement will increase your balance, strength, flexibility and co-ordination whilst eliminating habitual tension and working towards notions of neutrality and centring. The module also aims to contribute to a greater understanding of psycho-physical initiatives in Acting I, Acting II and Voice in order to give you the tools and infrastructure to approach and respond to dramatic and creative stimuli.
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## After completing the module the student should be able to:

## **Learning Outcomes**

Code	Number	Description
MLO1	1	Distinguish and articulate technical skills in response to creative/dramatic stimuli, utilising practitioner vocabularies
MLO2	2	Identify fundamental components of movement and space, and analyse key practitioner frameworks
MLO3	3	Demonstrate psycho-physical expression and address the physiological demands of the body
MLO4	4	Recognise collaborative working group methods and identify personal risk

## **Module Content**

Outline Syllabus	You will explore key practitioners, theories, analyse space and the fundamental components of movement; weight, tension, effort and rhythm. You will learn to explore and create abstract and 'everyday' movement. You will become articulate in the terminology of practitioner and movement vocabularies, understand Warm up activities will be introduced including the development of focus, concentration, flexibility, fitness, strength, stamina use of isolations and coordination. A series of workshops will then follow for individual analyses to be undertaken through group work. Classes will focus on the understanding of the individual body in relation to the world around it and to group dynamic, including observation and re-creation, effort, and the idea of release and trust. Psycho-physical (mind/body) coordination, spatial awareness and motor-skills/dynamics through space are the continuing focus through various practices, including body-mind centring. You will also work towards finding a sustainable physical neutral. As the module develops you will begin to address the body in relation to the audiencegaze, including levels of address, circles of physical focus as well as impulse and response in relation to both abstract and everyday movement, alongside a physical exploration of status. The module will also explore the connections between imagination and the physical inhabiting of the world of the play and the character. This aims to allow the student to utilize psychophysical awareness in relation to building character and worlds.
Module Overview	
Additional Information	Onur Orkut is the module leader (o.orkut@lipa.ac.uk)

## **Assessments**

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Test	Skills Assessment	50	0	MLO1, MLO3
Presentation	Movement Presentation & Viva	50	0	MLO2, MLO4

## **Module Contacts**

#### **Module Leader**

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#### Partner Module Team

Contact Name Applies to all offerings Offer	erings
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