

## Performance Skills 1

### Module Information

2022.01, Approved

#### Summary Information

Module Code	4521DAN
Formal Module Title	Performance Skills 1
Owning School	Liverpool Screen School
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

#### Partner Teaching Institution

Institution Name
Liverpool Institute for Performing Arts

#### Learning Methods

Learning Method Type	Hours
Practical	141

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	28 Weeks

#### Aims and Outcomes

Aims	The Performance Skills 1 module aims to develop a fundamental understanding and artistic interpretation of a variety of different dance styles. Applied anatomy, physical health, and rehabilitative practices (Healthy Dancer) are included to prepare the student for continued success in a challenging professional training period and career. A broad range of specialist master classes supports regular commercial style classes across two terms.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Demonstrate the fundamental skills for a variety of commercial dance styles
MLO2	2	Develop versatility as a performer
MLO3	3	Identify and analyse areas of imbalance and postural weaknesses in the body
MLO4	4	Adopt a personal remedial programme as part of a daily warm up
MLO5	5	Transfer rehabilitative practice directly into dance techniques

### Module Content

Outline Syllabus	There are two strands to this module which in conjunction aim to give students the technical versatility and longevity to train safely and sustain work in the industry. Students on this module will each undergo a physical diagnostic examination to identify key postural issues and imbalances. This will form the main focus of remedial learning as students will use knowledge gained through subsequent dance science sessions, body conditioning methods and the application of safe and effective warm up, to address and improve physical limitations, thus increasing their physical technical ability within all dance technique practice and performance. The second strand is designed to expose students to a variety of current commercial dance styles in order to evolve into a well-rounded performer with confidence in a number of areas. Building upon the stylistic principles of a range of genres at this level, students' should be prepared to develop and apply their technical skills and stylistic interpretation to a variety of dance styles. Regular classes are supported by a broad range of specialist master classes across two terms. Throughout the module, students will maintain a log book detailing their diagnostic and discussing their anatomical understanding of incorporating specific rehabilitative material and knowledge directly into dance techniques. There will be 2 assessment points for this module. One will assess students on their ability to create an effective warm up practical presentation, specific to their individual physical and postural needs, as set out in their log book. The additional assessment point spans 2 terms worth of learning in which students will be assessed on their attainment, both physical and artistic in the practised commercial dance styles.
Module Overview	
Additional Information	Sarah E. Baker is the Module Leader

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Practice	Practical Class Assessment	50	0	MLO1, MLO2
Practice	Practical Warm-up and Log Book	50	0	MLO3, MLO4, MLO5

## Module Contacts

### Module Leader

Contact Name	Applies to all offerings	Offerings
Nicholas Phillips	Yes	N/A

### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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