

## Dance Technique 1 (Ballet/Contemporary)

### Module Information

2022.01, Approved

#### Summary Information

Module Code	4561IAB
Formal Module Title	Dance Technique 1 (Ballet/Contemporary)
Owning School	Liverpool Screen School
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

#### Partner Teaching Institution

Institution Name
Institute of the Arts Barcelona

#### Learning Methods

Learning Method Type	Hours
Workshop	200

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	28 Weeks

#### Aims and Outcomes

Aims	The module aims to provide the student with:1. A core level of practical understanding of the movement vocabulary, technical skills and practices of Ballet techniques (Barre work, centre and rep. etc)2. A core level of practical understanding of the movement vocabulary, technical skills and practices of contemporary dance techniques3. An understanding of appropriate studio practice, class protocol, class etiquette.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Recognise, utilise and apply the core level of practical understanding of the movement vocabulary, technical skills and practices of ballet techniques (barre work, floor sequences, etc.)
MLO2	2	Recognise, utilise and apply the core level of practical understanding of the movement vocabulary, technical skills and practices of contemporary dance techniques
MLO3	3	Analyse, explain and demonstrate the use and identification of professional studio practice, class protocol and class etiquette

### Module Content

Outline Syllabus	<p>Across both areas of study students will explore and develop the core skills of dance and dance training:</p> <ul style="list-style-type: none"> <li>• Centre work/ Barre, floor work, travelling, sequences and combination</li> <li>• Postural alignment, placement and centring principles</li> <li>• Extension, flexion and suppleness in the body</li> <li>• Control, strength and precision in movement</li> <li>• Use of weight and space in relation to tasks</li> <li>• Musicality- Rhythm, timing, speed and dynamic range</li> <li>• Expression and artistry</li> <li>• Movement and muscle memory</li> </ul> <p>Ballet TechniqueAs well as developing the students creative ability in the expressive and technical use of the movement vocabulary of ballet , the emphasis will be on postural alignment, correct placement, musicality, flexibility and fitness. Students will progress from fundamental techniques to the rigorous demands of ballet, including repertoire.</p> <p>Contemporary TechniqueLevel 4 Contemporary dance explores the physical principles and characteristics of post modern dance. Students will build strength and stamina, as well as, develop centring, release, flow, abstraction and counterpointing techniques. Improvisational skills and contact work will be introduced to support the creative element of contemporary dance styles and approaches. Students will investigate and develop the ability to apply techniques and principles to simple and complex movement combinations.</p>
Module Overview	
Additional Information	The module introduces students to Ballet and Contemporary dance techniques. Assessment is via two formally assessed classes and performances.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Assessed Performance 1	50	0	MLO1, MLO2, MLO3
Practice	Assessed Performance 2	50	0	MLO1, MLO2, MLO3

### Module Contacts

