

Classical Techniques 1

Module Information

2022.01, Approved

Summary Information

Module Code	4573IABDAN
Formal Module Title	Classical Techniques 1
Owning School	Liverpool Screen School
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Institute of the Arts Barcelona

Learning Methods

Learning Method Type	Hours
Practical	174

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	28 Weeks

Aims and Outcomes

Aims	1. Provide an understanding of the fundamentals of Ballet technique.2. Understand safe practice and the basic biomechanics of movement in Ballet technique.3. Develop ability to execute movement vocabulary with articulation, clarity and musicality.4. Develop the capacity to use a variety of dynamics through movement phrasing whilst using appropriate levels of energy.5. Develop and demonstrate the appropriate professional studio practice and class protocol.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Demonstrate an understanding of the fundamentals of Ballet technique.
MLO2	2	Establish and use safe practice and work within the appropriate professional studio practice and class protocols.
MLO3	3	Demonstrate movement vocabulary with articulation, clarity and musicality.
MLO4	4	Demonstrate a variety of dynamics through movement phrasing whilst using appropriate levels of energy.

Module Content

Outline Syllabus	The Classical Technique module strand runs through all three years of the programme and delivers fundamental to pre-professional principles of classical dance techniques. The primary focus will be ballet technique; however, the Cunningham technique will also be introduced because of its similar foci on postural alignment, speed, strength and precise articulation of the body. Technical and stylistic features of the Cunningham technique, for example the multifaceted involvement of the spine and its modernist aesthetic, will provide important elements of training as well as providing a bridge into the students' study of current contemporary techniques. Students will explore and develop the core skills of dance and dance training: · Postural alignment, placement, and centring principles· Flexibility and articulation of the body· Control, strength, and precision in movement· Use of weight and space in relation to tasks· Musicality- Rhythm, timing, speed, and dynamic range· Movement and muscle memory · Expression through movementAs well as developing the students' creative ability in expressive and technical use of the movement vocabulary of Ballet (and later Cunningham), emphasis will be placed on providing a consistent understanding of the technical fundamentals. Within each class, the work will progress from barre work to centre practice. The initial focus will be on fundamentals and safe practice. Basic biomechanical and anatomical principles will be introduced via scientific articles, discussions, and tasks. As the year progresses, all sections of the class will increase in complexity. There will be special attention on dynamic alignment, core stability and body awareness to provide students with a solid base and promote safe practice. Understanding the importance of daily and repetitive practice will be reinforced. Students will be asked to reflect on each class and consider how they can improve in the next class. Students will be encouraged to reflect on the connections with other modules, such as Contemporary Techniques 1 and the Physical & Mental Health elements of the Creative Enterprise 1 module. Students are expected to attend all timetabled classes and practice taught material outside class time.
Module Overview	
Additional Information	This module introduces students to classical technique fundamentals and safe practice. Assessment is via one formally assessed class.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Presentation	100	0	MLO1, MLO2, MLO3, MLO4

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
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Partner Module Team

Contact Name	Applies to all offerings	Offerings
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