

Liverpool John Moores University

Title: Change and Resilience
Status: Definitive
Code: **4700HSCIFC** (123271)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
James Evans	Y

Academic Level: FHEQ4 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	16
Off Site	8
Online	2
Seminar	4
Workshop	10

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	Pres	Small group presentation	50	1
Essay	Essay	Reflection on interview	50	1

Aims

The module aims to enable students to explore the concepts of change and resilience in the context of the development of the individual, as well as the family, community and health and social care sector.

Learning Outcomes

After completing the module the student should be able to:

- 1 Understand the concepts of change and resilience in relation to the life-course and development of the individual.
- 2 Explore factors that may impact upon life chances and experiences throughout the life-course.
- 3 Illustrate how change and resilience may be reflected in the life experiences of an individual, family or community.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Small group presentation	1	2
Reflection on interview	1	3

Outline Syllabus

Psychological models and theories of life course development.

Application of the concepts of change and resilience.

Life chances, experiences and circumstances which impact on individual, family and community resilience.

Change and resilience in the context of health and social care.

Learning Activities

Learning activities will include a balanced menu of broken lectures, workshops , visits to services , tutorials and on-line activity.

Notes

This module will enable students to begin to understand the human life-course, life chances, change, transitions and resilience from the perspective theoretical models as well as reflecting on their own development and life-course experiences of an older person. It will also contribute to the development of the following World of Work Skills: Self Awareness and Working with Others.