

# Professional Practice in Sport Coaching 1

## Module Information

2022.01, Approved

### Summary Information

Module Code	4911SPSCC
Formal Module Title	Professional Practice in Sport Coaching 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

### Partner Teaching Institution

Institution Name
Coleg Cambria

### Learning Methods

Learning Method Type	Hours
Lecture	6
Practical	40
Workshop	14

### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

## Aims and Outcomes

Aims	The aim of the module is to provide a platform for students to develop their professional practice through the consideration of professional and personal skills. The module will provide opportunities to learn about reflective practice and aid self-reflection to increase self-awareness and professional skill development. The module will also provide an opportunity for students to consider foundations of Sport Coaching and develop their Sport Coaching practice.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Reflect upon personal and professional development
MLO2	2	Develop sport coaching practice and delivery
MLO3	3	Examine sport coaching as a vocation

## Module Content

Outline Syllabus	Self-Awareness and personal development: Reflective Practice; Inter and Intra- personal skill and knowledge development. Professional development (Sport Coaching) and Employability skills: Role of the Coach; Plan, Do, Review; Safeguarding; Models of Coaching; Practical coaching skill development; Training and education opportunities for Professional Development.
Module Overview	
Additional Information	CIMSPA aligned.

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Practice	Practical Sport Coaching	50	0	MLO1, MLO2
Essay	Individual tasks	50	0	MLO1, MLO3

## Module Contacts

### Module Leader

Contact Name	Applies to all offerings	Offerings
Cath Walker	Yes	N/A

### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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