

Liverpool John Moores University

Title: PROMOTING WELL-BEING OF THE INDIVIDUAL
Status: Definitive
Code: **5001BAANUR** (111726)
Version Start Date: 01-08-2019

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Deinice Quilty	Y

Academic Level: FHEQ5 **Credit Value:** 12 **Total Delivered Hours:** 46
Total Learning Hours: 120 **Private Study:** 74

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	26
Seminar	18
Tutorial	2

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Scenario based analysis 2000 words	100	

Competency	Practice
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Aims

To explore the influence of a range of factors when examining the ways in which well-being can be promoted for individuals, families, groups and communities.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate the underpinning values of the NMC Professional Code of Conduct: Standards for performance, conduct and ethics
- 2 Discuss and apply person centred perceptions of health and lifestyle, and knowledge of the factors that affect lifestyle choices.
- 3 Analyse and apply knowledge of the factors that influence the nurse when working with people in order to promote their health and well-being.
- 4 Discuss the knowledge and skills required by the nurse in order to promote health and well-being.
- 5 Apply the principles of nursing to the promotion of health and well-being.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

ESSAY	1	2	3	4	
Practice	1	2	3		5

Outline Syllabus

Individual, socio-economic, political, environmental and cultural factors and influences impacting on physical, mental, social and spiritual well-being. Local, national and international public health policy. Health advocacy, empowerment and partnership approaches to health promotion. Individual choice, decision making and risk taking. Primary, secondary and tertiary health promotion. Personal and professional health beliefs. Professional power, knowledge and status. Ethical dilemmas. health needs assessment. Promotion of healthy lifestyles - smoking cessation, healthy eating, exercise, sexual health, health screening, alcohol and substance awareness and mental well-being. Maternity Care - Pre-conception, antenatal, intrapartum and postnatal care, role of midwife, contraception, care of the newborn, emergency delivery and neonatal care.

Learning Activities

Lectures, tutorials, seminars, scenario based discussions, Blackboard, practice experience.

Notes

This module provides students with the opportunity to explore their role in relation to the promotion of well-being and the factors which influence and impact on this. It emphasizes the nature of promoting well-being within nursing practice and the importance of partnership working and empowerment. Clinical assessment must be passed.