

Liverpool John Moores University

Title: Enhancing Mental Health Practice 2
Status: Definitive
Code: **5001BPRNMH** (124058)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Health

| Team | Leader |
|-------------|--------|
| Thomas Kidd | Y |
| May Baker | |

Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Runs Twice - S1 & S2

| Component | Contact Hours |
|-----------|---------------|
| Lecture | 6 |
| Practical | 20 |
| Seminar | 14 |

Grading Basis: Pass/Not Pass

Assessment Details

| Category | Short Description | Description | Weighting (%) | Exam Duration |
|----------|-------------------|---|---------------|---------------|
| Practice | PAR | This assessment is in the form of a pass fail practice achievement record it is supplemented by a formative skills document | 100 | |

| | |
|-------------------|----------|
| Competency | Practice |
|-------------------|----------|

Aims

Safely achieve all the practice based learning competences required by the

second progression point

Learning Outcomes

After completing the module the student should be able to:

- 1 Safely achieve all the practice based learning competences required by the second progression point

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practice Achievement 1
Record
Practice

Outline Syllabus

Professional values

Non-judgmental, caring, respectful and sensitive approach to care. Recognising, respecting and responding to power imbalances, Promotion of health, wellbeing, rights and dignity of people, groups, communities and populations. Person-centred and recovery focused practice. Role, responsibilities and functions of a mental health nurse. Developing collaborative partnerships in all aspects of practice. Practicing more independently. Developing levels of competence and knowledge. Seeking advice / referring to other professionals

communication and interpersonal skills

Building partnerships and therapeutic relationships. Safe, effective and non-discriminatory communication. Respecting individual differences, capabilities and needs. Engaging with and supporting people. Communication methods, preferred choices and technologies to support person-centred care and enhance quality and safety. Making informed choices and share decision making. Communication methods to acquire, interpret and record knowledge and understanding of people's needs. Therapeutic principles to promote wellbeing, manage personal safety. Therapeutic principles to engage, maintain and disengage from professional therapeutic relationships Respecting professional boundaries. Personal values, beliefs, qualities, experiences and interpersonal skills and the positive and negative impact this may have on their relationships with people. Therapeutic use of self. Health-promoting behaviour through education, role modelling and effective communication. Communication with families, carers and other people important to the person experiencing mental health problems. Maintaining accurate, clear and complete records, electronic formats. Confidentiality, share personal information with others, safety and protection. Building therapeutic and multiprofessional partnerships. Engaging with, supporting and responding effectively with people experiencing mental distress.

nursing practice and decision making

Recognise and respond to the needs of all people accessing care. Comprehensive, systematic nursing assessments, including risk assessment. Psychometric assessment tools. Recognising and interpreting signs of normal and deteriorating mental and physical health and respond promptly. Changing health needs during life stages, progressive illness and death, loss and bereavement. Clinical observation. Plan, deliver and evaluate safe, competent, person-centred care in partnership with service users. Responding positively and proactively with people who are at risk of suicide or self-harm. Conflict resolution and de-escalation. Essential first aid and incident management. Medication management. Facilitating informed choice regarding treatments. Support and therapeutic interventions for people experiencing critical and acute mental health problems. Develop skills in Bio psychosocial interventions. Promote self-care, independence and autonomy. Promoting public health principles, priorities and practice, working to improve health and wellbeing. Pregnancy and Maternity Care - EU requirements.

Learning Activities

A range of learning activities will be used for module delivery including lectures, seminars, workshops, on-line learning, reflective practice, formative assessment, guided reading, independent study.

Notes

This module will offer opportunities for students to act in an increasingly competent and autonomous manner in clinical placements.

This module aims to extend the student's generic and field knowledge and skills through undertaking a range of basic and complex practice learning opportunities. Students will work with less direct supervision to make the most of opportunities to extend knowledge, skills and practice,. Practice learning is supported by a formative skills inventory. Enhanced skills are taught in university to prepare students for practice. However, in recognition of the students' acquisition of skills in level 4, university contact hours are reduced.