

Liverpool John Moores University

Title: COACHING PRACTICE 2
Status: Definitive
Code: **5001COACH** (103748)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Victoria Boyd	Y

Academic Level: FHEQ5
Credit Value: 24
Total Delivered Hours: 177
Total Learning Hours: 240
Private Study: 63

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	5
Practical	10
Seminar	2
Tutorial	10
Workshop	150

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Negotiated Learning Agreement	20	
Portfolio	AS2	Coaching and learning Portfolio	40	
Portfolio	AS3	Coaching Practice Report Total assessment 3000 words equivalent	40	

Aims

This module is designed to provide an opportunity for students to experience,

observe, participate and contribute in a community based coaching situation. This module will provide the opportunity to develop as a reflective practitioner and to develop the students own coaching philosophies and models of coaching.

Learning Outcomes

After completing the module the student should be able to:

- 1 Reflect and evaluate strengths, limitations and performance and identify the impact of them in relation to employability as a sports coach.
- 2 Plan a realistic learning experience through the use of a negotiated learning agreement.
- 3 Critically analyse, evaluate and identify the relevance and significance of sports coaching theories in the context of the realities of the workplace.
- 4 Have had the opportunity to apply in real setting the knowledge and skills required through an associated learning programme.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Learning Agreement	1	2	
Portfolio	1	2	3
Report	1	3	4

Outline Syllabus

Effective work-based learning is fundamental to lifelong personal development. These experiences assist in preparing students for a career position, and subsequent success, upon completion of the course. They complement and add value to the knowledge obtained in lectures, seminars and workshop environments.

Learning Activities

The process of work-based learning is one that is essentially driven by the needs and requirements of the individual student, within the guidelines provided by the work-based learning co-ordinator. In addition, there will be opportunities for students to attend planning and operational sessions in order to prepare them for the work-based learning process.

The module is designed to promote the concept of the autonomous learner. This will be facilitated through experiential/action learning in a way that promotes both the emotional, intellectual and vocational development of the student. Students will be required to articulate their experiences in this process in the form of a coaching and learning log.

Notes

The aim of the module is to provide the opportunity for students to apply theory into practice related to coaching development and self improvement. Students will be encouraged to analyse and evaluate a given coaching related environment and the impact which they have whilst on placement.