

## Liverpool John Moores University

Title: COMMUNITY PRACTICE IN MENTAL HEALTH  
Status: Definitive  
Code: **5002DNMHN** (100728)  
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Karen Rea	Y

**Academic Level:** FHEQ5  
**Credit Value:** 20.00  
**Total Delivered Hours:** 70.00  
**Total Learning Hours:** 200  
**Private Study:** 130

### Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	9.000
Seminar	28.000
Tutorial	1.000
Workshop	32.000

**Grading Basis:** Pass/Not Pass

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	Practice	Formative: Presentation developed from PBL package. Summative: Portfolio and skills; CAF (pass/fail)	100.0	

### Aims

1. To enable the student to utilise a problem solving approach to undertake and document a comprehensive, systematic and accurate nursing assessment including risk assessment from within a holistic perspective of the patient/client/community.
2. To enable the student to demonstrate the application of a range of specialised

*therapeutic skills within clinical practice.*

*3. To enable the student to demonstrate the ability to use a range of transferable skills across a variety of care delivery contexts.*

*4. To enable the student to evaluate and document the outcomes of nursing and other interventions.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Demonstrate competency in the skills required to complete and document a comprehensive nursing assessment including risk assessment.
- 2 Demonstrate the skills required to undertake a specialised nursing assessment within a mental health setting.
- 3 Demonstrate the skills required to engage service users and carers in the development of care packages.
- 4 Demonstrate the use of a range of psychosocial interventions including Cognitive Behavioural Therapy, Family Interventions and Solution-Focused Therapy.
- 5 Demonstrate the skills required in the planning, monitoring, evaluation and documentation of nursing assessments and therapeutic interventions.
- 6 Demonstrate competency in the administration of medication over the range of mental health care contexts.
- 7 Demonstrate reflective skills and actively participate in the process of supervision to facilitate the analysis of practice.
- 8 Demonstrate that the student's practice adheres to the Nursing and Midwifery Council's Code of Professional Conduct.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

practice	1	2	3	4	5	6	7	8
----------	---	---	---	---	---	---	---	---

## **Outline Syllabus**

*Scenario based packages will reflect the current client group (including biological, psychological and social basis of mental illness/distress), clients with complex needs service user and carer issues and relevance to the current mental health service initiatives*

*Collaborative/interagency working practices. Engaging service users and carers. Assessment skills. Documentation, storage and retrieval of information. Information gathering and analysis. Understanding of specialist therapeutic skills. Therapeutic skills. CBT skills for a range of mental health problems, PSI, family interventions, crisis intervention skills. Risk assessment, Client education strategies, monitoring therapeutic interventions. Measurement and evaluation of interventions. Clinical supervision and reflection.*

## **Learning Activities**

A range of learning activities are used for module delivery. These include problem based learning scenarios, lectures, seminars, workshops and tutorials. Students will spend a proportion of the total learning hours in self-directed learning activity. Students will also be in clinical practice.

## References

<b>Course Material</b>	Book
<b>Author</b>	Andrews, G. et al
<b>Publishing Year</b>	1999
<b>Title</b>	The Treatment of Anxiety Disorders
<b>Subtitle</b>	Clinician'd Guide and Patient Manuals
<b>Edition</b>	
<b>Publisher</b>	Cambridge University Press
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Bol, R.
<b>Publishing Year</b>	2002
<b>Title</b>	Involving Service Users in Mental Health Services
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Journal of Mental Health, 5(3), 287-304
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Haddock, G., Slade, P.
<b>Publishing Year</b>	1996
<b>Title</b>	Cognitive Behavioural Interventions with Psychiatric Disorders
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Routledge, London
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Harris, N., Williams, S., Bradshaw, T.
<b>Publishing Year</b>	2002
<b>Title</b>	Psychosocial Interventions for People with Schizophrenia
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Palgrave, London
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Londow, V., Morris, J.

<b>Publishing Year</b>	1995
<b>Title</b>	Service User Involvement
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Joseph Rowntree Foundation, Birmingham
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Newell, R., Gourney, K.
<b>Publishing Year</b>	2000
<b>Title</b>	Mental Health Nursing
<b>Subtitle</b>	An Evidenced Based Approach
<b>Edition</b>	
<b>Publisher</b>	Churchill Livingstone, London
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	O'Connell, B.
<b>Publishing Year</b>	1998
<b>Title</b>	Solution Focused Therapy
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Sage, London
<b>ISBN</b>	

---

## Notes

This is a work based learning module. It is intended to enable students to develop a range of essential nursing skills and work as an effective team member. In this regard the module provides an opportunity for students to integrate theory and practice. Formative skills assessment will take place during the module