

Liverpool John Moores University

Title: DEVELOPING SKILLS IN PHYSICAL EDUCATION
Status: Definitive
Code: **5002PSPE** (104328)
Version Start Date: 01-08-2016
Owning School/Faculty: Education
Teaching School/Faculty: Education

Team	Leader
Beverley Lynch	Y

Academic Level: FHEQ5 **Credit Value:** 24 **Total Delivered Hours:** 60
Total Learning Hours: 240 **Private Study:** 180

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Practical	59
Tutorial	1

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	(3,000 words)	50	
Essay	AS2	(3,000 words equivalent)	50	

Aims

The module aims to develop and enhance the student's knowledge, skills and understanding of the fundamentals gymnastics, dance and games. The study of games will be developed through a sport education approach, which will expand students knowledge and understanding of games activities and the skills required to lead groups in these activities.

Learning Outcomes

After completing the module the student should be able to:

- 1 Extend apply and reflect on knowledge and understanding in a variety of games, gymnastic and dance situations.
- 2 Identify and evaluate the skills and confidence to be able to perform and demonstrate at a competent level in the areas of activity.
- 3 Appraise skills and devise and perform more complex movement phrases in gym and dance.
- 4 Evaluate ways of increasing maximum participation in a safe manner in a variety of situations.
- 5 Examine and reflect on ways in which personal and social aspects of development can be achieved through physical activities.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

essay1	1	2	3	4	5
essay2	1	2	3	4	5

Outline Syllabus

Practical delivery of activities, which compliment and progress from prior learning in this area, to develop student's knowledge, skills and understanding of games, gym and dance. Methods of delivery to include the sport education approach, to facilitate the acquisition of skill and develop an understanding of the principles which underpin these activities.

Learning Activities

Practical lectures and workshop sessions will be the main form of student learning activities. These will be supported by a series of tutorials to aid the development process.

Notes

This module is designed to build on prior experience and develop personal confidence, expertise and knowledge, skills and understanding within areas of activity which form the basis of the National Curriculum for Physical Education.