

Liverpool John Moores University

Title: BREASTFEEDING
Status: Definitive
Code: **5003BAMID** (100406)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Clare Maxwell	Y

Academic Level: FHEQ5
Credit Value: 12.00
Total Delivered Hours: 38.00
Total Learning Hours: 120
Private Study: 82

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	15.000
Off Site	2.000
Online	3.000
Seminar	2.000
Tutorial	1.000
Workshop	15.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio of Evidence of five women	100.0	

Aims

To equip the students with the knowledge and skills to support breastfeeding mothers in line with the ten steps to successful breastfeeding and provide parents with accurate evidenced based information for promoting and supporting

breastfeeding in all health care settings.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically discuss an indepth knowledge of physiology of lactation and apply this to the sustainability of breastfeeding.
- 2 Critically examine the principles of demand feeding and its importance in relationship to the establishment and maintainance of lactation.
- 3 Critically evaluate effective positioning, attachment and suckling in relation to successful breast feeding.
- 4 Discuss common complications of breastfeeding and how lactating women may be helped to overcome them.
- 5 Refelct upon the importance of exclusine breastfeeding for the first six months of life.
- 6 Critically analyse Government initiatives to maintain best practice standards.
- 7 Critically anayse and evaluate the potential impact of cultural and social trends which mediate against breastfeeding.
- 8 Discuss the initiation and maintainance of breast feeding practices to support mothers who are separated from their babies.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3	4	5	6	7	8
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Outline Syllabus

Physiological of lactation, mechanics of breastfeeding, common complications of breast feeding, alternative methods of infant feeding, public health initiatives, UK legislation, DoH, charities, WHO/UNICEF, community support, restoring a breastfeeding culture, potential impact of midwifery practices on initiation, early postnatal period and facilitation of breastfeeding, demand feeding and milk expression.

Learning Activities

This module will provide the learning activities which include lectures, individual tutorial, seminars, group-work, discussuion, directed study, private study, E learning and clinical practice.

References

Course Material	Book
Author	Auerbach K.G.
Publishing Year	2002

Title	Current Issues in Clinical Lactation
Subtitle	
Edition	
Publisher	Jones and Bartlett London
ISBN	

Course Material	Book
Author	Dykes F
Publishing Year	2003
Title	Infant Feeding Initiative
Subtitle	A Report Evaluating the Breastfeeding Practice Project 1999-2002 Executive Summary
Edition	
Publisher	DoH HMSO
ISBN	

Course Material	Book
Author	Walker, M
Publishing Year	2006
Title	Breastfeeding Management For the Clinician
Subtitle	Using the Evidence
Edition	
Publisher	
ISBN	

Course Material	Book
Author	Cadwell, K et al
Publishing Year	2006
Title	Maternal and Infant Assessment for Breastfeeding and Human Lactation
Subtitle	A Guide for the Practitioner
Edition	
Publisher	
ISBN	

Course Material	Book
Author	Dykes, F
Publishing Year	2006
Title	Breastfeeding In Hospital
Subtitle	Mothers, Midwives and the Production Line
Edition	
Publisher	
ISBN	

Course Material	Book
Author	Riordan, J and Wambach, K
Publishing Year	2010

Title	Breastfeeding and Human Lactation
Subtitle	
Edition	4th
Publisher	
ISBN	

Notes

This module will enable the students to develop the skills and knowledge required to support breastfeeding mothers and babies