

Liverpool John Moores University

Title: COACHING PROCESS 2
Status: Definitive
Code: **5003COACH** (103749)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Simon Roberts	Y

Academic Level: FHEQ5
Credit Value: 24
Total Delivered Hours: 44
Total Learning Hours: 240
Private Study: 196

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	24
Practical	12
Tutorial	8

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Coaching Research Project (3000 words)	50	
Portfolio	AS2	Coaching Assignment (3000 words)	50	

Aims

To develop a capacity to analyse coaching practice in order to understand its impact on athlete performance and how it might be developed through education. To provide an opportunity for understanding the relationship between effectiveness and delivery practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Analyse the essential concepts and theories that relate to models of coaching practice.
- 2 Analyse coaching practice for criteria of systematic practice.
- 3 Identify and analyse the essential theories of decision making and their application in sports coaching.
- 4 Identify and analyse the essential principles of coach education concepts and practice.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Project	1	3	4
Assignment	1	2	4

Outline Syllabus

Coach education, the coaching community of practice, mentoring
Coaching effectiveness
Decision making
Modelling the coaching process
Systematic coaching practice

Learning Activities

Lectures
Workshops
Self-directed learning tasks
Personal/Group tutorials
Applied Practicals

Notes

The purpose of this module is to provide an opportunity for students to understand the relationship between coaching effectiveness and delivery practice.