

Liverpool John Moores University

Title: PHYSICAL EDUCATION & SCHOOL SPORT
Status: Definitive
Code: **5003PSPE** (104329)
Version Start Date: 01-08-2016

Owning School/Faculty: Education
Teaching School/Faculty: Education

Team	Leader
Beverley Lynch	Y

Academic Level: FHEQ5
Credit Value: 24
Total Delivered Hours: 49.5
Total Learning Hours: 240
Private Study: 190.5

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	25
Practical	18
Seminar	4
Tutorial	1

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Exam	AS1	Exam	25	1.5
Essay	AS2	Coursework (3000 words)	50	
Practice	AS3	Practical (1500 words)	25	

Aims

This module aims to develop a conceptual understanding of PE and Sport within society, to examine closely the current national strategies that impact upon the delivery and to analyse issues within PE and Sport, from sociological perspectives. The module also aims to develop a deeper understanding of physical activity and its

contribution to health and well-being, with specific reference to health related and outdoor and adventurous activity.

Learning Outcomes

After completing the module the student should be able to:

- 1 Apply and synthesis sociological perspectives to demonstrate an understanding of social issues in PE and Sport.
- 2 Analyze the role of professionals within the context of sociological aspects of Physical Education.
- 3 Demonstrate in depth knowledge of current national strategies and their potential impact upon young people and physical education.
- 4 Reflect, analyze and understand the structures and processes that contribute to the development of opportunity for young people in PE, sport and dance.
- 5 Identify and evaluate the patterns and determinants of physical activity in young people and the contribution of physical education to the health of the nation.
- 6 Extend and reflect on developing knowledge, understanding and competence in a variety of OAA and HRA situations and reflect on the organization and management of a positive and safe learning environment.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

EXAM	1	2	4	5
essay	3	4	5	
practical	5	6		

Outline Syllabus

Introduction to sociology of Sport and PE/defining PE, Sport and Leisure.

Defining a personal philosophy of PE.

A sociological investigation of the importance of Sport and PE.

PE and Sport in the future: What can we expect? A sociological analysis.

Investigating issues in Sport and PE.

Every Child Matters and the Workforce Reform agendas.

Introduction to the principles of partnerships and school and community clusters including PESSCL.

Community sport, dance and physical activity opportunities.

Socio, economic and cultural barriers to participation.

Physical activity, health and fitness.

Physical education and physical activity promotion.

Practical health-related exercise workshops.

Development of knowledge and understanding of the principles of OAA and HRA.

Learning Activities

Lectures and practical workshop sessions will be the main form of student learning activities. These will be supported by seminars and tutorials to aid the development process and directed independent study will also be integrated throughout the module. Activities will be student-centred and facilitate both group and individual work.

Notes

The module sensitizes students to the significance of issues in the field of Physical Education and Sport. Students will conduct an exploration of the sociological aspects of new initiatives in PE, sport and health and develop a more critical understanding of the contribution that physical activity can make to children's well-being.

The module will also provide the opportunity to reflect on theory and its application in a practical context, being designed to build personal confidence and develop the students knowledge, understanding and skills within HRA and OAA.