

# Key concepts of Mental Health Nursing

# **Module Information**

2022.01, Approved

## **Summary Information**

Module Code	5004PRNMH
Formal Module Title	Key concepts of Mental Health Nursing
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

#### Teaching Responsibility

LJMU Schools	s involved in Delivery
Nursing and	Allied Health

## **Learning Methods**

Learning Method Type	Hours
Lecture	6
Online	15
Seminar	19

## Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	СТҮ	September	12 Weeks

## **Aims and Outcomes**

Aims	Enable the student to analyse therapeutic relationships that promote mental health, well-being and recovery.
------	--

#### After completing the module the student should be able to:

#### Learning Outcomes

Code	Number	Description
MLO1	1	Examine the core functions of the mental health nurse in assessment, health care delivery and the promotion of health, well-being and recovery
MLO2	2	Examine legal, ethical, organisational and professional frameworks that underpin mental health practice
MLO3	3	Consider the factors that influence the development of therapeutic partnerships between health care providers and service users
MLO4	4	Identify strategies to support service user expertise and experience in the promotion of mental wellbeing and recovery

## **Module Content**

Outline Syllabus	Professional valuesCurrent legal ethical, organisational and professional frameworks. Protection ofvulnerable people. Social inclusion, respecting individual choice, acknowledgesdiversity. Power imbalances. Personal and Professional values. Person- centredand recovery-focused practice.communication and interpersonal skillsStudents own values and beliefs and the impact on communication with others.Skills and interventions that help people disclose and discuss their experiences aspart of recovery. Therapeutic partnerships.nursing practice and decision makingRecovery-focused approach, including opportunities for employment, productiveoccupation, education, training leisure and recreation. Informed choice. Promoting health. Theory of therapeutic interventions for peopleexperiencing critical and acute mental health problems. Crisis and relapse – safety,security and recovery. Risk, suicide and self-harm, abuse - models of suicideprevention, intervention, harm reduction and positive risk taking. Drug and alcoholmisuse.
Module Overview	
Additional Information	Students will be expected to work at a range of strategies to assist them in buildingand sustaining relationships. This will include working together in groups within theUniversity setting and taking theory learned to the practice area. The student willlearn to put the service user at the centre of all individualised care and design anddeliver care aimed at the promotion of recovery and the reduction of stigma

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Case Study	70	0	MLO1, MLO2, MLO4
Presentation	Group presentation	30	0	MLO3, MLO4

## **Module Contacts**

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Susan Jones	Yes	N/A

Page 3 of 3