

Liverpool John Moores University

Title: Key concepts of Mental Health Nursing
Status: Definitive
Code: **5004PRNMH** (123763)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Health

Team	Leader
Su Jones	Y

Academic Level: FHEQ5
Credit Value: 20
Total Delivered Hours: 40
Total Learning Hours: 200
Private Study: 160

Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	6
Online	15
Seminar	19

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Ass 1	2,500 Word written assignment	70	
Presentation	Ass 2	Group Presentation approx. 30 minutes	30	

Aims

Enable the student to analyse therapeutic relationships that promote mental health, well-being and recovery.

Learning Outcomes

After completing the module the student should be able to:

- 1 Examine the core functions of the mental health nurse in assessment, health care delivery and the promotion of health, well-being and recovery
- 2 Examine legal, ethical, organisational and professional frameworks that underpin mental health practice
- 3 Consider the factors that influence the development of therapeutic partnerships between health care providers and service users
- 4 Identify strategies to support service user expertise and experience in the promotion of mental wellbeing and recovery

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Case Study	1	2	4
Group presentation	3	4	

Outline Syllabus

Professional values

Current legal ethical, organisational and professional frameworks. Protection of vulnerable people. Social inclusion, respecting individual choice, acknowledges diversity. Power imbalances. Personal and Professional values. Person-centred and recovery-focused practice.

communication and interpersonal skills

Students own values and beliefs and the impact on communication with others.

Skills and interventions that help people disclose and discuss their experiences as part of recovery. Therapeutic partnerships.

nursing practice and decision making

Recovery-focused approach, including opportunities for employment, productive occupation, education, training leisure and recreation.

Informed choice. Promoting health. Theory of therapeutic interventions for people experiencing critical and acute mental health problems. Crisis and relapse – safety, security and recovery. Risk, suicide and self-harm, abuse - models of suicide prevention, intervention, harm reduction and positive risk taking. Drug and alcohol misuse.

Learning Activities

Seminar, workshop, lecture, scenario based work leading to formative and summative assessment.

Notes

Students will be expected to work at a range of strategies to assist them in building

and sustaining relationships. This will include working together in groups within the University setting and taking theory learned to the practice area. The student will learn to put the service user at the centre of all individualised care and design and deliver care aimed at the promotion of recovery and the reduction of stigma