

Liverpool John Moores University

Title: PSYCHOLOGY OF FOOTBALL
Status: Definitive
Code: **5006SPFOOT** (117527)
Version Start Date: 01-08-2015

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Robert Morris	Y
Mark Nesti	
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Academic Level: FHEQ5 **Credit Value:** 24.00 **Total Delivered Hours:** 48.00
Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	40.000
Seminar	8.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	GP		50.0	
Report	LR		50.0	

Aims

To develop students' ability to evaluate key psychological and sociological principles that influence development and performance in and through football related contexts. To develop students' understanding of the application of these principles in football settings.

Learning Outcomes

After completing the module the student should be able to:

- 1 Analyse the psychological, sociological, cultural and environmental considerations of developing players in, and through, football
- 2 Evaluate talent identification and development processes in football

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Group Presentation	1
Lab Report	2

Outline Syllabus

Mental skills training in football
Mental Toughness in football
Counselling psychology in football
Anxiety, stress and coping in football
Peak performance and flow in football
Team cohesion & identity in football
Career transitions in football 2
Motivation and self-determination theory in football
Culture in football
Talent Identification
Talent development
Reflective Seminar X3

Learning Activities

Students are expected to attend time-tabled lectures and are encouraged to utilise the available directed learning/private study time to get advice from module staff and/or conduct essential reading. Some of the teaching sessions will contain group-work, practical and laboratory based activities where students will be required to use their analytical, statistical and problem-solving skills to enhance their own learning. Students should complete the required and recommended reading to widen their knowledge and understanding and their ability to evaluate and apply material. Students will be required to evidence this in the production of their coursework.

Notes

This module is designed to introduce students to key issues involved in the psychological development of footballers, teams and organisations. This will be evaluated by the completion of the relevant assessment tasks. This module will incorporate support strategies in an attempt to ensure student progression. This will include feed forward and feedback on assessment and personal tutorial support.