## **Liverpool** John Moores University

Title: CHILD AND ADOLESCENT MENTAL HEALTH

Status: Definitive

Code: **5008PQHEAL** (100518)

Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Lisa Woods	Υ

Academic Credit Total

Level: FHEQ5 Value: 15.00 Delivered 30.00

**Hours:** 

Total Private

Learning 150 Study: 120

**Hours:** 

### **Delivery Options**

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	5.000
Seminar	5.000
Tutorial	10.000
Workshop	10.000

**Grading Basis:** 40 %

#### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	PORT	Portfolio - A summative reflective portfolio of personal development	100.0	

#### **Aims**

To enable the student to develop core skills and knowledge in child and adolescent mental health to enhance and sustain the emotional health and well-being of young people

To develop the role of mental health promotion and identification of emotional and

mental health concerns through collaborative working with mental health practitioners

#### **Learning Outcomes**

After completing the module the student should be able to:

- 1 Demonstrate an enhanced understanding of child and adolescent mental health
- 2 Identify and analyse the main mental illnesses and prodromal presentations in children and young people
- Appraise and evaluate the need for and their participation in an assessment of basic mental well-being and risk in a child or young person
- Demonstrate skills in supporting and engaging a child, young person and / or staff member in response to identified mental health concerns
- 5 Demonstrate effective liaison and communication skills with specialist mental health staff and supporting agencies regarding mental well-being concerns

#### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

PORTFOLIO 1 2 3 4 5

## **Outline Syllabus**

Directed individual and group learning activities will include mental health pathways, Defining mental health, Risk and resilience, Systemic thinking, Communication and responses, emotional and mental health concerns, Mental Health assessment tools, Mental health support

### **Learning Activities**

A range of activities will be used for module delivery, including problem-based learning, Experiential learning workshops, group supervision, group tutorials, scenario work, lectures, discussions and self-directed study.

#### References

Course Material	Book
Author	Bee, H. and Boyd, D.
Publishing Year	2006
Title	The Developing Child.
Subtitle	
Edition	International Edition.
Publisher	Pearson International.
ISBN	

Course Material	Book
Author	Blakemore, S. J. and Frith, U.
Publishing Year	2005
Title	The Learning Brain: Lesson for Education.
Subtitle	
Edition	
Publisher	Blackwell Publishing.
ISBN	

Course Material	Book
Author	Dogra, N., Parkin, A., Gale, F. and Frake, K.
Publishing Year	2002
Title	A Multi-Disciplinary Handbook of Child and Adolescent
	Mental Health for Front-line Professionals.
Subtitle	
Edition	
Publisher	Jessica Kingsley Publishers.
ISBN	

<b>Course Material</b>	Book
Author	Porter, L.
<b>Publishing Year</b>	2000
Title	Behaviour in Schools: theory and Practice for Teachers.
Subtitle	
Edition	
Publisher	Open University Press.
ISBN	

Course Material	Book
Author	Stallard, P.
Publishing Year	2003
Title	Think Good - Feel Good: A Cognitive Behaviour Therapy
	Workbook for Children and Young People.
Subtitle	
Edition	
Publisher	John Wiley and Sons Ltd.
ISBN	

Course Material	Book
Author	Dwivedi, K. N. and Harper, P. B.
<b>Publishing Year</b>	2004
Title	Promoting the Emotional Well-Being of Children and
	Adolescents and Preventing Mental III Health.
Subtitle	
Edition	
Publisher	Jessica Kingsley Publishers.
ISBN	

Course Material	Book
Author	Hawton, K. and Rodham, K.
Publishing Year	2006
Title	By Their Own Hand: Deliberate Self-Harm and Suicidal
	Ideas in Adolescents
Subtitle	
Edition	
Publisher	Jessica Kingsley Publishers.
ISBN	

# **Notes**

This module will be taught off campus and will be supported by the use of blackboard