Liverpool John Moores University

Title: INFANT FEEDING

Status: Definitive

Code: **5009FDASPP** (106842)

Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health Teaching School/Faculty: Nursing and Allied Health

Team	emplid	Leader
Catherine Taylor		Υ

Academic Credit Total

Level: FHEQ5 Value: 20.00 Delivered 56.00

Hours:

Total Private

Learning 200 Study: 144

Hours:

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	30.000
Online	20.000
Tutorial	6.000

Grading Basis: 40 %

Assessment Details

Category	Short	Description	Weighting	Exam
	Description		(%)	Duration
Reflection	AS1	Reflective essay (4000 words) The experience of supporting a	100.0	
		parent or parents to safely and successfully feed their infant.		

Aims

To explore the importance of safe and successful infant feeding needs. To develop sufficient knowledge that will assist the student to offer parents and parents-to-be up-to-date information upon which they are able to make the most appropriate choices to feed their babies

Learning Outcomes

After completing the module the student should be able to:

- 1 Analyse women's choices in feeding their babies.
- 2 Evaluate the Assistant Practitioner's role in providing effective support of women's neonatal and infant feeding choice
- 3 Analyse the evidence supporting best practice in neonatal and infant feeding.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Reflective Essay 1 2 3

Outline Syllabus

Anatomy of breast & physiology of lactation;

Safe infant feeding methods;

Nutritional needs of normal, pre-term and sick neonates;

National, local an international policies related to infant feeding;

Informed choices;

Weaning;

Childhood obesity;

Food intolerance;

Reflection.

Learning Activities

Student centred learning, skill demonstrations, seminars, group and individual tutorials.

References

Course Material	Book
Author	Lang, S.
Publishing Year	2002
Title	Breastfeeding special care babies.
Subtitle	
Edition	2nd ed
Publisher	Edinburgh: Bailliere Tindall
ISBN	

Course Material	Book
Author	Lauwers, J. & Swisher, A.
Publishing Year	2005

Title	Counselling the nursing mother : a lactation consultant's guide.
Subtitle	
Edition	4th ed
Publisher	Sudbury, Mass: Jones and Bartlett.
ISBN	

Course Material	Book
Author	Morgan, J. & Dickerson, J. (Eds)
Publishing Year	2003
Title	Nutrition in early life.
Subtitle	
Edition	
Publisher	Chichester, West Sussex; Hoboken, NJ: Wiley
ISBN	

Course Material	Book
Author	Renfrew, M., Woolridge, M. & McGill, H.
Publishing Year	2000
Title	Enabling women to breastfeed: a review of practices which
	promote or inhibit breastfeeding – with evidence based
	guidance for practice.
Subtitle	
Edition	
Publisher	London: The Stationery Office.
ISBN	

Course Material	Book
Author	Riordan, J.
Publishing Year	2005
Title	Breastfeeding and human lactation.
Subtitle	
Edition	3rd ed
Publisher	Sudbury, Mass: Jones and Bartlett.
ISBN	

Course Material	Book
Author	Stanway, P.
Publishing Year	2005
Title	Breast is best.
Subtitle	
Edition	
Publisher	London: Pan Books.
ISBN	

Notes

Poor diet and nutrition from infancy and early childhood may impact on an individual for the rest of their life. Therefore safe and successful infant feeding needs to be established as early as possible.

The assistant practitioner is in an optimal position to compliment the care provided by health professionals by offering parents and parents-to-be up-to-date information upon which they are able to make the most appropriate choices to feed their babies. They are able to provide relevant support and guidance in meeting those needs, especially in challenging situations e.g. when a neonate is unwell.