Liverpool John Moores University

Title: ANALYSIS OF COACHING - WORK BASED

Status: Definitive

Code: **5009FDSDEV** (106570)

Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition

Teaching School/Faculty: Greenbank College

| Team | Leader |
|-------------|--------|
| Cath Walker | Υ |

Academic Credit Total

Level: FHEQ5 Value: 12 Delivered 78

Hours:

Total Private Learning 120 Study: 42

Hours:

Delivery Options

Course typically offered: Standard Year Long

| Component | Contact Hours | |
|-----------|---------------|--|
| Online | 70 | |
| Seminar | 4 | |
| Tutorial | 4 | |

Grading Basis: 40 %

Assessment Details

| Category | Short Description | Description | Weighting (%) | Exam Duration |
|----------|----------------------|----------------------------------------|---------------|------------------|
| Exam | AS1 | Individual Presentation — 15 min (60%) | 60 | |
| Essay | AS2 | Essay — 1500 words (40%) | 40 | |

Aims

This module develops the student's ability to conduct a qualitative analysis of movement and match performance from the video recording phase to the analysis phase using the latest 2D analysis software, through to feedback and implementation.

Learning Outcomes

After completing the module the student should be able to:

- evaluate the factors which make an unsuccessful and a successful 2D qualitative analysis;
- 2 use sport-specific examples to explain how the results of an analysis can improve individual movement technique and match strategy.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Presentation 1 2

Essay 1500 Words 1 2

Outline Syllabus

This module will examine the different methods of performing a qualitative analysis of movement technique with particular emphasis on 2D motion analysis software (Kandle). Students will also learn how to conduct a match analysis of different team sports and use the results of both analyses to feedback to the athlete/team.

Learning Activities

Practicals
Seminars
Work based Learning activities

Notes

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