

## Liverpool John Moores University

Title: CAREER MANAGEMENT: PSYCHOLOGY  
Status: Definitive  
Code: **5009PSYSCI** (113648)  
Version Start Date: 01-08-2011

Owning School/Faculty: Natural Sciences & Psychology  
Teaching School/Faculty: Natural Sciences & Psychology

| Team        | Leader |
|-------------|--------|
| Sally Woods | Y      |

**Academic Level:** FHEQ5  
**Credit Value:** 12.00  
**Total Delivered Hours:** 30.00  
**Total Learning Hours:** 120  
**Private Study:** 90

### Delivery Options

Course typically offered: Standard Year Long

| Component | Contact Hours |
|-----------|---------------|
| Lecture   | 1.000         |
| Online    | 24.000        |
| Tutorial  | 5.000         |

**Grading Basis:** 40 %

### Assessment Details

| Category   | Short Description | Description   | Weighting (%) | Exam Duration |
|------------|-------------------|---|---------------|---------------|
| Report     | AS1               | Personal Career Profile & Job Study                     | 80.0          |               |
| Reflection | AS2               | CV & Covering letter OR SAF [Standard Application Form] | 20.0          |               |

### Aims

*Career management.....*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Comprehend and explain the concept and processes of career planning.
- 2 Apply the practices of reflection, analysis and review in relation to career management and personal development.
- 3 Identify and examine a range of suitable options post-graduation.
- 4 Analyse, with reference to her/his own situation, how the graduate labour market operates, and the forces which act upon it. This will include the importance of relevant work experience, and the variety of professional progression routes.
- 5 List and describe a variety of selection methods used by employers of psychology graduates, and have begun to devise strategies to respond.
- 6 Identify sources of help and support which can be accessed or referred to both in the short-term, and at transitional periods throughout working life.

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

|    |   |   |   |   |   |
|----|---|---|---|---|---|
| JD | 1 | 2 | 4 | 6 |   |
| CV | 1 | 3 | 4 | 5 | 6 |

## Outline Syllabus

*Introduction to the module:*

1. *Finding your Profile [Self Awareness];  
Identifying skills, learning about Transferable Skills, reflecting upon personal motivation, considering personality type and how this relates to career choice, identifying existing strengths, and aspects which could be developed further.*
2. *Finding the Fit [Opportunity-Awareness];  
Matching interests, strengths and activities with the world of work, being introduced to current trends within the psychology labour market, and research opportunities available to psychology graduates.*
3. *Effective Applications;  
What makes a good CV/Application form? What to put in a covering letter? How to effectively communicate skills and experience, how to perform confidently in a job interview, how employers sift and select candidate, and how to forward plan efficiently.*

## Learning Activities

Students will:

1. Engage with on-line learning experiences and materials.
2. Use web-based research resources.
3. Network directly with local/national employers of psychology graduates.
4. Take part in Action Learning Sets.

5. Research and produce three written assignments.

## References

|                        |   |
|------------------------|---|
| <b>Course Material</b> | Book  |
| <b>Author</b>          | Holland, J.   |
| <b>Publishing Year</b> | 1997  |
| <b>Title</b>           | Making Vocational Choices: a Theory of Vocational Personalities and Work Environments |
| <b>Subtitle</b>        |   |
| <b>Edition</b>         | (3rd edn.)  |
| <b>Publisher</b>       | Englewood Cliffs, NJ: Prentice-Hall   |
| <b>ISBN</b>            |   |

|                        |  |
|------------------------|--|
| <b>Course Material</b> | Book   |
| <b>Author</b>          | Prospects  |
| <b>Publishing Year</b> | 2010   |
| <b>Title</b>           | <a href="http://www.prospects.ac.uk">www.prospects.ac.uk</a> |
| <b>Subtitle</b>        |  |
| <b>Edition</b>         |  |
| <b>Publisher</b>       |  |
| <b>ISBN</b>            |  |

|                        |   |
|------------------------|---|
| <b>Course Material</b> | Book                                      |
| <b>Author</b>          | Hopson, B and Scally, M                   |
| <b>Publishing Year</b> | 2009                                      |
| <b>Title</b>           | Build your own Rainbow                    |
| <b>Subtitle</b>        | A workbook for career and life management |
| <b>Edition</b>         |   |
| <b>Publisher</b>       | Lifeskills International                  |
| <b>ISBN</b>            |   |

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## Notes

Students who wish to register for this module must be confident in using I.T., and be willing to undertake an on-line learning experience.

Whilst the module is delivered wholly on-line, it is supported by an initial lecture, which will introduce students to the materials, the system itself and how it is organised, the aims of the module, and the assignments. In addition, students registered on the module will be expected to attend five Action Learning Sets. It is envisaged that students will bring to these meetings an assortment of ideas for discussion, and that this structure, in addition to solving problems, will promote development of teamworking skills. The Action Learning Sets will be facilitated in conjunction with Career Development Service staff, and a register of attendance will

be kept.