

# Health Risk Behaviours, Determinants and Impacts

# **Module Information**

2022.01, Approved

### **Summary Information**

Module Code	5011PUBHEA	
Formal Module Title	Health Risk Behaviours, Determinants and Impacts	
Owning School	Public Health Institute	
Career	Undergraduate	
Credits	20	
Academic level	FHEQ Level 5	
Grading Schema	40	

#### Teaching Responsibility

LJMU Schools involv	olved in Delivery	
Public Health Insti	stitute	

### **Learning Methods**

Learning Method Type	Hours
Lecture	40
Workshop	8

# Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	СТҮ	September	12 Weeks

# Aims and Outcomes

Aims	To provide students with an introduction to the concepts of risk behaviour and how this is applied in a number of contemporary health concerns

### Learning Outcomes

Code	Number	Description
MLO1	1	Discuss patterns and modes of health risk taking behaviour
MLO2	2	Analyse the relationship between risky behaviour and vulnerable groups
MLO3	3	Analyse the impact of a risk behaviour on individual health and costs to family, community and society

## **Module Content**

Outline Syllabus	Risk behaviour and healthPatterns of risky or unhealthy habits and behavioursRisk behaviour in adolescents and adults: similarities and differencesModes of risk taking from low level to high/addictive behaviourRisk behaviour and vulnerable populationsAdverse childhood experiences (ACE's) and risk takingTypes of risk behaviour: substance use, sexual, violence, gamblingImpact of risk behaviour on individual health, and costs to family, community and society
Module Overview	This module provides you with an introduction to the concepts of risk behaviour and how this is applied in a number of contemporary health concerns. This module aims to bring examples of core research and surveillance activity of the Public Health Institute into the classroom. This is underpinned by examining key issues around health risk behaviour, determinants of health risk and modes of risk behaviour from low to high/addiction.
Additional Information	This module aims to bring examples of core research and surveillance activity of the Public Health Institute into the classroom. This is underpinned by examining key issues around health risk behaviour, determinants of health risk and modes of risk behaviour from low to high/addiction. Understanding the nature and impact of health behaviours such as alcohol and other substance use, sexual related behaviour and violence is key to this module. Providing examples of research evidence related to risk and thinking about how governments and public health can respond to these risks is considered but not assessed.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	4500 report	100	0	MLO1, MLO2, MLO3

# **Module Contacts**

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Zara Quigg	Yes	N/A

### Partner Module Team

Contact Name Applies to all offerings Offerings	
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