

Liverpool John Moores University

Title: Health Risk Behaviours, Determinants and Impacts
Status: Definitive
Code: **5011PUBHEA** (125905)
Version Start Date: 01-08-2021

Owning School/Faculty: Public Health Institute
Teaching School/Faculty: Public Health Institute

Team	Leader
Zara Quigg	Y
Harry Sumnall	

Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 48

Total Learning Hours: 200 **Private Study:** 152

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	40
Workshop	8

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	Report	4500 word report	100	

Aims

To provide students with an introduction to the concepts of risk behaviour and how this is applied in a number of contemporary health concerns

Learning Outcomes

After completing the module the student should be able to:

- 1 Discuss patterns and modes of health risk taking behaviour
- 2 Analyse the relationship between risky behaviour and vulnerable groups
- 3 Analyse the impact of a risk behaviour on individual health and costs to family, community and society

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

4500 report	1	2	3
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Outline Syllabus

Risk behaviour and health

Patterns of risky or unhealthy habits and behaviours

Risk behaviour in adolescents and adults: similarities and differences

Modes of risk taking from low level to high/addictive behaviour

Risk behaviour and vulnerable populations

Adverse childhood experiences (ACE's) and risk taking

Types of risk behaviour: substance use, sexual, violence, gambling

Impact of risk behaviour on individual health, and costs to family, community and society

Learning Activities

Interactive lectures and presentations, guided reading, workshops including: group work activity

VLE activities: short quizzes, discussion boards, video discussions

Notes

This module aims to bring examples of core research and surveillance activity of the Public Health Institute into the classroom. This is underpinned by examining key issues around health risk behaviour, determinants of health risk and modes of risk behaviour from low to high/addiction. Understanding the nature and impact of health behaviours such as alcohol and other substance use, sexual related behaviour and violence is key to this module. Providing examples of research evidence related to risk and thinking about how governments and public health can respond to these risks is considered but not assessed.