

Liverpool John Moores University

Title: MAXIMISING REHABILITATION
 Status: Definitive
 Code: **5016FDASPP** (106850)
 Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
 Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Catherine Taylor	Y

Academic Level: FHEQ5 **Credit Value:** 20.00 **Total Delivered Hours:** 58.00

Total Learning Hours: 200 **Private Study:** 142

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	30.000
Online	20.000
Tutorial	8.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Essay: Discuss the impact of relevant guidelines which support rehabilitation and interprofessional working in a given practice area (2000 words)	50.0	
Reflection	AS2	A reflective account explorign the impact of guidelines promoting safety (2000 words)	50.0	

Competency	Practice
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Aims

To appreciate the concept of rehabilitation within intermediate care within a variety of settings.

To participate in the evaluation and modification of treatment plans.

To enable students to engage in the process of maximising clients' functional potential.

To appreciate the importance of interprofessional and partnership working for the benefit of service users.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically evaluate rehabilitation processes.
- 2 Evaluate therapeutic techniques relevant to the patient's needs and their environment
- 3 Discuss the impact of relevant national guidelines (e.g. NICE, NSF) intended to promote safety and best practice
- 4 Evaluate the impact of interprofessional and partnership working for service users and practitioners
- 5 Attain competencies related to rehabilitation as identified in WBCR

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

2000 Word Essay	1	2	4
2000 Word Reflection	3		
Practice			5

Outline Syllabus

Rationale for rehabilitation, risk assessment, role of professionals, interprofessional working, rehabilitation potential, social rehabilitation, lifestyle and coping strategies. Rehabilitative handling of patients.

Respiratory: oxygen therapy and nebulisers, breathing exercises, sputum retention, inhaler techniques.

Orthopaedic: exercise tolerance, aids and minor adaptations, balance re-education, gait assessment.

Neurological: movement therapy, muscle strength, balance, sensation, and medication. Eyesight, proprioception.

Falls: prevention strategy, relevant guidelines, NSF, NICE and frameworks which support rehabilitation.

Learning Activities

Lectures, workshops, experiential learning, e-learning and skills laboratory for basic observations. There will be an emphasis on experiential learning through doing and problem-solving.

References

Course Material	Book
Author	Cristian, A. (Ed.).
Publishing Year	2006
Title	Geriatric rehabilitation.
Subtitle	
Edition	
Publisher	Philadelphia: W. B. Saunders
ISBN	

Course Material	Book
Author	Hodgkin, J.E., Celli, B.R., & Connors, G.L. (Eds.).
Publishing Year	2000
Title	Pulmonary rehabilitation: Guidelines to success.
Subtitle	
Edition	3rd ed.
Publisher	Philadelphia:Lippincott, Williams & Wilkins.
ISBN	

Course Material	Book
Author	Hoppenfeld, S., & Murthy, V.L.
Publishing Year	2000
Title	Treatment and rehabilitation of fractures.
Subtitle	
Edition	
Publisher	Philadelphia: Lippincott, Williams & Wilkins
ISBN	

Notes

Students must complete the Work Based Competency Record to pass this course