

Liverpool John Moores University

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Title: Coaching Process 2
Status: Definitive
Code: **5021COACH** (117300)
Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

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Academic Level: FHEQ5 **Credit Value:** 24 **Total Delivered Hours:** 48

Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	12
Practical	26
Seminar	9
Tutorial	1

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Essay	Coaching Theory Essay	50	
Portfolio	Media Book	Portfolio Electronic	50	

Aims

Within this module, students will be given the opportunity to develop their capacity to analyse/observe coaching practices in order to understand its impact on athlete performance and how it might be developed through formal and informal education process. In addition, the module provides an opportunity for understanding the relationship between coaching effectiveness through an in-depth understanding of the pedagogic and social factors that influence sports coaching.

Learning Outcomes

After completing the module the student should be able to:

- 1 Evaluate the essential concepts and theories that relate to coaching practice
- 2 Synthesise from existing good practice a model to develop and evaluate coaching practice in others
- 3 Analyse relevant theories of decision making in sport coaching

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Coaching Theory Essay	1	
Portfolio Electronic	2	3

Outline Syllabus

(1) Systematic observation (2) Coaching effectiveness (3) Decision making (4) Modelling the coaching process (5) Peer Assessment (6) Informal and non-formal coach education (7) Personal development and peer mentoring

Learning Activities

This module will allow the students to analyse and develop the pedagogic delivery of a fellow coach. This will require the students to adopt systematic observation techniques and mentoring protocols. The students will be responsible for delivery, observation and generating feedback for their fellow coaches. In addition, each coach will receive audio feedback from staff teaching on this module. The second part of the module provides underpinning knowledge associated with the social

factors that influence the coaching process.

Notes

Within this module, you will be given the opportunity to develop your capacity to analyse/observe coaching practices in order to understand its impact on athlete performance and how it might be developed through formal and informal education. In addition, the module provides an opportunity for understanding the relationship between coaching effectiveness and quality practice through an understanding of the pedagogic and social factors that influence sports coaching. In improving the performance of practitioners, a combination of lectures, seminars and practicals will be held. The lectures will provide key knowledge of current theory and practice, which you will then use to apply in the practical and written element of the module.