Liverpool John Moores University

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Title: Contemporary Issues in Sports Coaching

Status: Definitive

Code: **5024COACH** (119591)

Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Credit Total

Level: FHEQ5 Value: 24 Delivered 48

Hours:

Total Private

Learning 240 Study: 192

Hours:

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours	
Lecture	18	
Seminar	7	
Tutorial	1	
Workshop	19	

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Exam	Exam	Issues in Sport Coaching	50	3
Presentation	Coach Ed	Coach Education Delivery	50	

Aims

The aim of this module is to provide students with a wider understanding of the contemporary nature of sport coaching. In doing so, it aims to provide a platform to investigate a range of coaching attributes students require to be effective within a variety of coaching domains through the development of underpinning knowledge and educational practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify and evaluate contemporary issues that influence sports coaching
- 2 Evaluate and define factors that influence the role of a sports coach in the 21st century.
- 3 Plan, deliver and evaluate coach education principles and practice

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Issues in Sport Coaching 1 2

Coach Education Delivery 3

Outline Syllabus

(1) Contemporary issues in sport coaching (2) The role of the coach in different domains (3) Factors that support effective coach practice (such as coach efficacy, motivation, communication skills, group dynamics, effective management & leadership) (4) coach education principles and delivery

Learning Activities

The module will be delivered through lectures, practical workshops and seminars, independent/group tasks and tutor support sessions.

Notes

This module provides underpinning knowledge and skill development for students through the examination of factors and contemporary issues that influence effective coach practice (such as coach efficacy, motivation, communication skills, group dynamics and leadership) in addition, it provides students with a greater understanding of coach education principles and delivery mechanisms to support their learning.