

## Module Information

2022.01, Approved

### Summary Information

Module Code	5051SPS
Formal Module Title	Professional Practice in Sport Psychology 2
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 5
Grading Schema	40

### Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

### Learning Methods

Learning Method Type	Hours
Lecture	22
Practical	4
Seminar	10
Workshop	8

### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

### Aims and Outcomes

Aims	Explore the main psychological techniques that govern sport and exercise psychology needs analysis and client education. Understand the main psychological skills training interventions and how they can be implemented in a sport and exercise setting. Discuss how to evaluate professional practice and use reflective practice to ensure practitioner development.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Apply the techniques that govern sport and exercise psychology needs analysis and client education.
MLO2	2	Apply the skills that govern Sport Psychology intervention.
MLO3	3	Identify and reflect upon the following aspects of employability in respect of personal development and career planning: presentation skills, adapting language and communication to specific client groups, ability to work with others.

### Module Content

Outline Syllabus	Understanding the client: Making contact, building rapport and negotiating roles; Doing a needs analysis Interventions: Feeding back and designing interventions; Psychological skills training; Delivering intervention programmes and educational workshops Develop career relevant knowledge, skills, and experiences
Module Overview	
Additional Information	BPS mapped.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Educational Workshop	40	0	MLO1, MLO2
Report	Consultancy Report	60	0	MLO1, MLO3

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Joe Causer	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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