

Liverpool John Moores University

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Title: Analysis of Performance
Status: Definitive
Code: **5053PHYSED** (120695)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ5
Credit Value: 24
Total Delivered Hours: 48
Total Learning Hours: 240
Private Study: 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	12
Practical	24
Seminar	12

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio (6000 word equivalent)	100	

Aims

This module aims to provide a framework where students can apply technical and

tactical analysis to the coaching process and develop techniques to evaluate sport performance in Physical Education.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically analyse the requirement of performance analysis in Physical Education settings.
- 2 Develop and justify more advanced physical activity skills in a variety of physical education activities.
- 3 Use appropriate technologies to evaluate performance attributes in physical education activities.
- 4 Present an evaluation of a sport or physical activity performance.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3	4
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Outline Syllabus

Coaching process and performance analysis frameworks

Qualitative assessment methods

Quantitative analysis methods

Notational analysis including pen and paper methods

Use of appropriate technologies e.g. Ubersense, longo match

Psychological analysis of performance in physical activities

Physiological analysis of performance in physical activities

Appropriate methods of feedback

Learning Activities

Lecture

Practical classes and seminars

Independent study

Notes

This module will use a range of performance analysis equipment and software e.g. Ubersense, Longo match, Quintic