

## Liverpool John Moores University

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Title: Contemporary Issues (1)  
Status: Definitive  
Code: **5055PHYSED** (120699)  
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

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**Academic Level:** FHEQ5      **Credit Value:** 24      **Total Delivered Hours:** 48  
**Total Learning Hours:** 240      **Private Study:** 192

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	20
Practical	8
Seminar	20

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Essay (3000 words)	50	
Presentation	AS2	Presentation (3000 word equivalent)	50	

### Aims

*This module will aim to develop conceptual understanding of PE within society, by examining national organisations that impact upon on the development of young people through physical education and to analyse issues within PE, from psycho-sociological perspectives. The module also aims to develop a deeper understanding of physical activity and its contribution to psychological health and well-being. The module aims to use psychological theories and concepts to explain why young people may or may not participate in physical activity.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Apply sociological perspectives to demonstrate an understanding of national issues in PE.
- 2 Analyse the processes and structures that contribute to the development of opportunity for young people in PE.
- 3 Demonstrate in-depth knowledge of current national strategies and their impact upon physical education and young people.
- 4 Examine national trends in physical activity in young people and the contribution of physical education to the health of the nation, through the application of theories to explore the impact of physical activity on health and well-being in young people.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Essay	4		
Presentation	1	2	3

## **Outline Syllabus**

*Defining physical education, sport and physical activity.*

*Psycho-social examination of the importance of PE.*

*PE in the future: What can be expected? A sociological analysis.*

*Investigating issues in PE.*

*Socio, economic and cultural barriers to participation.*

*Physical activity, health and fitness.*

*Physical education and physical activity promotion.*

*How past experiences have effected future perceptions of Physical Education in young people.*

*Theories of personality and their impact on health and well-being, self-efficacy and self-confidence.*

*PAPA Project.*

## **Learning Activities**

Study skills techniques including note taking, active reading, planning for an assignment and information searches

Planning and using individual and group discussions as an aid to learning

Presenting information in a variety of ways

## **Notes**

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