

## Liverpool John Moores University

Title: Anthropology of Food and Health  
Status: Definitive  
Code: **5081TEF** (119290)  
Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Lucinda Richardson	Y

**Academic Level:** FHEQ5  
**Credit Value:** 24  
**Total Delivered Hours:** 52.5  
**Total Learning Hours:** 240  
**Private Study:** 187.5

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	30
Seminar	7.5
Workshop	15

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	AS1	3 out of 5 presentations will be assessed	50	
Essay	AS2	1500 Word essay	50	

### Aims

*To examine the anthropology of food and health*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Discuss a range of influences that impact upon and emanate from, the interrelationships relationships between people and food.
- 2 Demonstrate an understanding of the factors located within the anthropology of food, health and nutrition.

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Presentation	1
Essay	2

### **Outline Syllabus**

*To include: An introduction to the social and physical anthropology of food (Levi-Strauss) (with examples from home and abroad). A socio-political history of food intake and food poverty (eg Rowntree). The politics of food (including economics and trade). Foodways and contemporary modes of food production, exchange, preparation, and consumption. Global food/food security (Malthus). Food, taste, culture and class (Bourdieu). Issues of sustainability and globalization. Food, health and the body. Medicine, power and health. Social epidemiology. Human health and needs. Medical anthropology.*

### **Learning Activities**

Lectures serve to map out the module syllabus and indicate the level of study required. This develops the students skills in listening and processing technical information. The students are encouraged to interact during the lectures; to question, to express opinions and to influence the content. Thus the distinction between lecture/seminar and workshop is not rigid. Distinct workshops are held to enable students to develop relevant skills such as working in small groups to suggest solutions to problems set. Students are strongly encouraged to discover information for themselves and take responsibility for their own learning making full use of the LRC

### **Notes**

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