

Liverpool John Moores University

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Title: Developing Practice for Mental Health Nursing
Status: Definitive
Code: **5101NRSMH** (129242)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Health

Team	Leader
Lisa Woods	Y

Academic Level: FHEQ5 **Credit Value:** 40 **Total Delivered Hours:** 80
Total Learning Hours: 400 **Private Study:** 320

Delivery Options

Course typically offered: Year Long & NS Year Long

Component	Contact Hours
Lecture	40
Workshop	40

Grading Basis: Pass/Not Pass

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	PAD	PAD: Summative placement, associated episode of care, medicines management competency	100	

Aims

Actively participate in care with minimal guidance to achieve proficiencies with associated NMC Professional Values

Learning Outcomes

After completing the module the student should be able to:

- 1 Actively participate in care with minimal guidance to achieve proficiencies with associated NMC Professional Values
- 2 Conduct nursing care to the required NMC standards for progression point 2.
- 3 Enhance knowledge and skills relevant to medicines management.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

PAD	1	2	3
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Outline Syllabus

Understanding professional practice and maintaining self-health
Recognising vulnerability yourself and others and supporting to minimise risks to health
The importance of a healthy lifestyle to maintain wellbeing to meet peoples needs for mental and physical care
Understanding how evidence informs patient care
Critical thinking to inform evidence based practice decisions
Resilience
Understanding routine, complex and challenging situations
How to provide emotional and physical support for a person in all stages of their life
Managing appropriate relationships
Continuous reflection in practice, and seeking feedback
Effective and proactive contribution in the interdisciplinary team
Professionalism and ambassadorial skills for the nursing profession
Clinical observation and assessment
Working with others & Service user engagement,
Admission & discharge planning Communication and healthcare informatics
Compassion and dignity and emotional support .
Safeguarding Autonomy, independence and self-care
Activities of Daily Living: Eating, drinking, nutrition and hygiene, comfort and sleep, elimination
Pain management
Skin health / wound management Infection prevention and control.
Numeracy Venepuncture
dietetics
Signs symptoms in MH conditions and diagnostic manuals
Problem Formulation in MH
Understudying the patient perspective
Health vulnerability
Introduction to pharmacological and psychological interventions in MH
The code and professional practice
Advanced law, ethics and governance

Consent

Understanding clinical incidents

Understanding courage, speaking out and raising concerns for professional practice

Best practice

Inclusivity and rights

Self awareness

Decision making, best practice, health care technology first aid and incident management medicines management equality diversity, inclusiveness and rights, maintaining a safe environment, nutritional disorders, continence promotion, pregnancy and maternity care (EU requirement)

understanding the relationship between physiological and psychological health

Assessment and monitoring of MH symptoms

The use of pharmacological and psychological intervention in MH

Advance directives and relapse plans

Learning Activities

Practice based activities on clinical placement. Skills simulation workshops including role play key note lectures

Notes

The Academic Assessor will monitor that the student has completed 787.50 practice hours. This includes any practice placement learning and simulated practice learning, in accordance with the students programme plan. These hours are not included in the total module hours but are noted within the module proforma for university monitoring and progression purposes.

In addition to the contact hours above there are 320 private study hours.

198 hours are guided, this includes online and assessment preparation. Online hours are e-learning.

122 hours are independent study

Please note that workshop hours account for simulated theoretical learning, in accordance with NMC standard 3.4