

Module Information

2022.01, Approved

Summary Information

Module Code	5101NRSMH
Formal Module Title	Developing Practice for Mental Health Nursing
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	40
Academic level	FHEQ Level 5
Grading Schema	Pass/Not Pass

Teaching Responsibility

LJMU Schools involved in Delivery
Nursing and Allied Health

Learning Methods

Learning Method Type	Hours
Lecture	40
Workshop	40

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	28 Weeks

Aims and Outcomes

Aims	Actively participate in care with minimal guidance to achieve proficiencies with associated NMC Professional Values
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Actively participate in care with minimal guidance to achieve proficiencies with associated NMC Professional Values
MLO2	2	Conduct nursing care to the required NMC standards for progression point 2.
MLO3	3	Enhance knowledge and skills relevant to medicines management.

Module Content

Outline Syllabus	<p>Understanding professional practice and maintaining self-health Recognising vulnerability yourself and others and supporting to minimise risks to health The importance of a healthy lifestyle to maintain wellbeing to meet peoples needs for mental and physical care Understanding how evidence informs patient care Critical thinking to inform evidence based practice decisions Resilience Understanding routine, complex and challenging situations How to provide emotional and physical support for a person in all stages of their life Managing appropriate relationships Continuous reflection in practice, and seeking feedback Effective and proactive contribution in the interdisciplinary team Professionalism and ambassadorial skills for the nursing profession Clinical observation and assessment Working with others & Service user engagement, Admission & discharge planning Communication and healthcare informatics Compassion and dignity and emotional support . Safeguarding Autonomy, independence and self-care Activities of Daily Living: Eating, drinking, nutrition and hygiene, comfort and sleep, elimination Pain management Skin health / wound management Infection prevention and control. Numeracy Venepuncture dietetics Signs symptoms in MH conditions and diagnostic manuals Problem Formulation in MH Understanding the patient perspective Health vulnerability Introduction to pharmacological and psychological interventions in MH The code and professional practice Advanced law, ethics and governance Consent Understanding clinical incidents Understating courage, speaking out and raising concerns for professional practice Best practice Inclusivity and rights Self awareness Decision making, best practice, health care technology first aid and incident management medicines management equality diversity, inclusiveness and rights, maintaining a safe environment, nutritional disorders, continence promotion, pregnancy and maternity care (EU requirement) understanding the relationship between physiological and psychological health Assessment and monitoring of MH symptoms The use of pharmacological and psychological intervention in MH Advance directives and relapse plans</p>
Module Overview	
Additional Information	<p>The Academic Assessor will monitor that the student has completed 787.50 practice hours. This includes any practice placement learning and simulated practice learning, in accordance with the students programme plan. These hours are not included in the total module hours but are noted within the module proforma for university monitoring and progression purposes. In addition to the contact hours above there are 320 private study hours. 198 hours are guided, this includes online and assessment preparation. Online hours are e-learning. 122 hours are independent study. Please note that workshop hours account for simulated theoretical learning, in accordance with NMC standard 3.4</p>

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Portfolio	PAD	100	0	MLO1, MLO2, MLO3

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings

Lisa Woods	Yes	N/A
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Partner Module Team

Contact Name	Applies to all offerings	Offerings
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