

## Module Information

2022.01, Approved

### Summary Information

Module Code	5101SPS
Formal Module Title	Professional Practice in Sport & Exercise Science 2
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

### Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

### Learning Methods

Learning Method Type	Hours
Lecture	33
Practical	10

### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

### Aims and Outcomes

Aims	To develop the student's skills, knowledge and abilities as a professional practitioner in sport and exercise science. To enhance practical skills and theoretical knowledge to audit a 'client's' requirements and effectively communicate outcomes of consultation. To understand the requirements for professional behaviour and how to be inclusive. To recognise ways to enhance personal and professional development. .
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Employ sport & exercise science principles and practice
MLO2	2	Analyse personal and professional development
MLO3	3	Evaluate client needs and prepare appropriate client-based material and feedback, accounting for individual differences (e.g. culture and environmental factors).

### Module Content

Outline Syllabus	Self-Awareness and personal development: Planning for a career in sport and exercise science; mind set and self-awareness; reflective practice; inter and intra-personal skill development; global Awareness – climate change. Professional development and Employability skills: Professional behaviour (ethics, values & code of conduct); safeguarding, welfare & vulnerable groups; equality, diversity & inclusion; commercial and Enterprise opportunities. Being a Sport & Exercise Scientist: Identifying the requirements for client (needs analysis) in athletic and non-athletic populations; assessing the demands of the athlete (physiological, Technical, Psychological, Educational); Inter v multidisciplinary support systems; case studies in client support; providing appropriate client-centred communication and feedback; practical measurement, analysis and reporting.
Module Overview	
Additional Information	BUES mapped.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Dissertation	Portfolio	60	0	MLO1, MLO3
Portfolio	Needs Analysis	40	0	MLO1, MLO2, MLO3

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Rebecca Murphy	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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