

Approved, 2022.02

Summary Information

Module Code	5102SPOPSY	
Formal Module Title	Applied Sport Psychology Advanced Skills	
Owning School	Sport and Exercise Sciences	
Career	Undergraduate	
Credits	20	
Academic level	FHEQ Level 5	
Grading Schema	40	

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Marianna Bottiglieri	Yes	N/A

Module Team Member

Contact Name	Applies to all offerings	Offerings
Laura Thomas	Yes	N/A
Zoe Knowles	Yes	N/A
Simon Bennett	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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Teaching Responsibility

LJMU Schools involved in Delivery	
Sport and Exercise Sciences	

Learning Methods

Learning Method Type	Hours
Seminar	48

Module Offering(s)

Offering Code	Location	Start Month	Duration
JAN-CTY	CTY	January	12 Weeks

Aims and Outcomes

Aims	Teach students advanced methods and techniques used in applied sport psychology. Help students contextualize core psychology concepts. Allow students to develop self-awareness of career relevant
	knowledge, skills, and experiences.

Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Explain advanced methods and techniques in applied sport psychology.
MLO2	Engage in self-awareness activities for career planning in applied sport psychology
MLO3	Explain advanced methods and techniques in applied sport psychology.

Module Content

Outline Syllabus

Advanced methods and techniques used in applied sport psychology. Contextualization of core psychology concepts. Self-awareness development activities relevant to applied sport psychology career planning.

Module Overview

The aim of this module is for you to learn about advanced methods and techniques used in applied sport psychology. It will allow you to develop self-awareness of career relevant knowledge, skills and experiences.

Additional Information

The module adopts student-centred pedagogical methods to help teach students advanced methods and techniques used in applied sport psychology, and develop self-awareness of career relevant knowledge, skills, and experiences.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Report	Qualitative research report	50	0	MLO2, MLO1, MLO3
Report	Group research report	50	0	MLO2, MLO1, MLO3