

Liverpool John Moores University

Title: APPLIED SPORT PSYCHOLOGY ADVANCED SKILLS
Status: Definitive
Code: **5102SPOPSY** (123286)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
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Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 48

Total Learning Hours: 200 **Private Study:** 152

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Seminar	48

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	Report	Qualitative research report	50	
Report	Report	Group research report	50	

Aims

Teach students advanced methods and techniques used in applied sport

psychology. Help students contextualize core psychology concepts. Allow students to develop self-awareness of career relevant knowledge, skills, and experiences.

Learning Outcomes

After completing the module the student should be able to:

- 1 Explain advanced methods and techniques in applied sport psychology.
- 2 Engage in self-awareness activities for career planning in applied sport psychology
- 3 Explain advanced methods and techniques in applied sport psychology.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Qualitative research report	1	3	2
Group research report	1	3	2

Outline Syllabus

Advanced methods and techniques used in applied sport psychology. Contextualization of core psychology concepts. Self-awareness development activities relevant to applied sport psychology career planning.

Learning Activities

Student-centred methods including tutorials, seminars, group activities, and on-line learning resources.

Notes

The module adopts student-centered pedagogical methods to help teach students advanced methods and techniques used in applied sport psychology, and develop self-awareness of career relevant knowledge, skills, and experiences.