

Liverpool John Moores University

Title: Food and Health Politics and Policy
Status: Definitive
Code: **5108SSLN** (123091)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Elizabeth Mahon	Y
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Academic Level: FHEQ5 **Credit Value:** 20 **Total Delivered Hours:** 41.5
Total Learning Hours: 200 **Private Study:** 158.5

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	20
Workshop	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Essay (2,500 words)	60	
Exam	AS2	Exam	40	1.5

Aims

This module aims to foster an understanding of the regulation of the food industry, and the dynamics of the health policy processes at both national and international levels. This will include the rationale for government intervention and the impact of policy. Following the module, students should be able to critically appraise current and proposed food and health policy.

Learning Outcomes

After completing the module the student should be able to:

- 1 Recognise the ways in which Food and Health politics and policy influence current practices
- 2 Explain how empirical research has informed our understanding of cultures, and customs through critical appraisal of food and health policy

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Essay	1	2
Exam	1	2

Outline Syllabus

Policy comprehension, inception of evidence based health policy, who makes them; why do we have them? A health policy framework will be used to analyse the context, actors and processes involved in policy making. This framework allows students to examine the context in which policy is made; the actors involved in shaping policy, such as the state, the private sector and interest groups; by the end of the module, students will have an awareness of the complexities of policy making. Food Policy/regulatory mechanisms in the UK/EU, objectives, mechanisms and evaluation of selected contemporary food policy issues such as: Food safety - Food quality - Obesity, diet and health - Environmental and ethical issues, sustainability - Food security - Market Power, competition, competitiveness

Learning Activities

The module will be delivered by means of lectures and workshops. Students will participate in group discussions based around material presented in the lectures using prescribed reading and case studies.

Notes

This module discusses how food, nutrition and health fit within a wider political setting. Political ideologies will frame students' understanding of how these considerations can vary in accordance to political and economic landscapes. Exploring interrelationships between food, nutrition and health with the wider policy aims allows students to contextualise these considerations within a wider setting. How; individuals, communities, nations and indeed globally, function under different political ideologies and how this may in turn shape health status and feed into and from epidemiology.