

Liverpool John Moores University

Title: MENTAL HEALTH CONDITIONS
Status: Definitive
Code: **5207PSYSCI** (121374)
Version Start Date: 01-08-2021

Owning School/Faculty: Psychology
Teaching School/Faculty: Psychology

Team	Leader
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Academic Level: FHEQ5
Credit Value: 20
Total Delivered Hours: 41
Total Learning Hours: 200
Private Study: 159

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	34
Seminar	7

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Test	Phase MCT	Three Phased Multiple Choice Tests (MCT) run online via Canvas. Each test will account for 10% of the overall module mark.	30	
Essay	Case Study	A 1500 word case study assessment in which you will be required to diagnose a psychological case study using the appropriate clinical guidelines.	70	

Aims

To investigate current approaches to the study of mental health.

To critically evaluate theories of mental health conditions and related treatment options.

To consider models of mental health conditions and the benefits of moving towards a biopsychosocial model.

To evaluate the impact of chronic health conditions on mental health and wellbeing.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate appropriate knowledge of aetiology of mental health conditions, their causes and their treatments.
- 2 Describe, explain and evaluate current theories of the causes of mental ill-health.
- 3 Evaluate the theoretical rationale for the treatments of mental health conditions.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Phase Tests	1	
Case Study	2	3

Outline Syllabus

This module critically examines core issues in the field of mental health. These include the conceptual and theoretical basis of definition and classification of a range of mental health conditions often encountered by psychologists practicing in clinical settings, such as hospitals, prisons and community facilities. These will include, for example, conditions such as depressive disorders, anxiety disorders, psychotic disorders, personality disorders and substance abuse disorders. Students will be presented with information that guides the diagnosis, explanation and various treatments for conditions such as these, with a view to providing a basis for future study and/or employment in this fascinating area.

Learning Activities

A range of methods are utilised to enhance the student learning experience and to give students greater control over their own learning.

Lectures: Part (sometimes all) of most sessions is devoted to a formal lecture in which key concepts and ideas are conveyed.

Seminars: These are smaller group sessions which will be focussed on a particular part of the module. During these tutor led sessions, students will discuss and evaluate a current topic in mental health conditions.

Virtual session: Relevant material and guidance is provided via Canvas and students can engage at a time and in a way that suits their approach to learning best. Usually several online activities will be suggested for a virtual session.

Online discussions: Online discussion forums will be set up on Canvas. These can be used to discuss relevant topics between students or groups of students and will be moderated by the lecturers. Additionally, students are encouraged to use these discussion boards to direct their questions to the lecturers, instead of using e-mail, whenever the question is not of confidential nature. In this way, all students can benefit from the answer and we do not have to answer the same question several times.

Independent study: Guidance will be provided on supplementary texts, where these are pertinent to specific topics. In addition, students are expected to engage in independent reading beyond the book chapters/articles assigned to specific topics. Furthermore, students are encouraged to explore web-links, some of which will be provided on Canvas.

There are a number of psychology lecturers involved in teaching on this module. This has the advantage that students can profit from their specialist knowledge within a certain area. In addition, students will encounter different teaching styles, enriching their learning experience. Lecturers might use different approaches that are not listed above.

Notes

Mental Health Conditions is a 20 credit core module in level 5 of the Psychology programme. This module follows on from Concepts in Mental Health and Wellbeing at Level 4 and will investigate the aetiology and incidence of various mental health conditions.